Newmarket
WEEKLY NEWS
Thursday, September 10, 2009
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MUM ACCUSED OF KILLING DAUGHTERS

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Free inside: 12-page cruising supplement

Racing plan may get £1m injection

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

PLANS for a new tourist attraction costing nearly £11 million are set to move forward after more than 10 years.

The £10.9m Home of Horseracing project would provide Newmarket with a world-class museum, art gallery and study centre, celebrating the racing industry, development of the thoroughbred horse and sporting art in Great Britain.

Organisers of the project, first envisaged in the late 1990s, say it could bring an extra £1.8m of tourism spend into the area each year, along with an extra 44,000 visitors.

They say it will turn Newmarket into a major tourist destination to rank alongside Cambridge.

The project, based on Palace House Stables – the world's oldest racing yard with a history dating back more than 300 years – will also provide facilities for local schools and the community generally.

The stables, owned by Forest Heath District Council, have been empty since 1985.

The project is being driven by the Home of Horseracing Trust, representing a number of key elements of the horseracing industry, in close association with the district council, which has already spent more than £1 million to save the buildings from deterioration.

As part of the trust's fundraising drive, Suffolk County Council's cabinet will discuss a £1m contribution to the project at its meeting next week, to help ensure the tourism and economic benefits can be realised.

Peter Jensen, chairman of the Home of Horseracing Trust, said: "We are delighted that Suffolk County Council is considering becoming a partner with us in this important and exciting project.

"We are now well into the process of raising funds to make this project happen after many years of planning.

"If Suffolk County Council agrees to this funding, this will be of enormous importance to us in moving this project a step forward."

Cllr Robin Millar, chairman of the district council's Home of Horseracing working group, said: "We've worked hard, for a long time, to reach this exciting stage of the project.

"Many of the necessary elements are now in place and the project is at the crucial stage of securing more funding to enable the vision to be delivered.

"If approval is given for this grant next week, I look forward to welcoming Suffolk County Council to the partnership and to it investing in this prestigious project."

Meanwhile, the historic Palace House Stables will be open to the public as part of national Heritage Open Day.

Tours of the stables, in Palace Street, are being organised by Forest Heath District Council and the National Horseracing Museum, on Saturday.

The open day is being hosted by staff at the council's tourist information centre in Palace House mansion opposite the stables.

The day will feature a wide range of attractions with children's activities, live music, rides in a wagon pulled by Suffolk Punch horses and guided walking tours of the town.

Representatives of the Suffolk Records Office will be on hand to help people trace their family tree.

For more information, or to book a walking tour, contact Newmarket Tourist Information Centre on (01638) 667200.

Perfect pumpkin: There's a whole lot of pumpkin to inspect for judge Adrian Kidd during Newmarket and District Gardening Society's annual show. Full report and more pictures on Page 2.

Picture: Richard Patterson 591967

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Beautiful blooms: show secretary Cliff Pettitt and chairwoman Margaret Sadler admire some of the floral exhibits. Pictures: Richard Patterson 591968

Blooms galore as gardeners exhibit at 46th annual show

GARDENERS displayed their best blooms and vegetables at an annual show on Saturday.

Newmarket and District Gardening Society's 46th annual show was staged at the town's Memorial Hall in the High Street.

There were nearly 100 different classes covering all types of flowers, fruit and vegetables as well as classes for home bakery, handicrafts and children's entries.

The event, open to non-members as well as club members, was an annual chance for gardeners to show off the results of their hard work.

Cliff Pettitt, show secretary, said entries were down from last year due to recent dry weather.

But, he said: "We filled the hall and there were quite a few visitors."

The best exhibit in the show was not a flower or a vegetable. It was a piece of embroidery made by Margaret Feltham which also won the handicraft section.

In the vegetable and flower sections Pat Prewer, from Exning, won a total of five awards – including the Mrs Cumani trophy for the Gardening Society member with the most prizes. In addition she also won the Tom May salver for the best all round garden in the society's garden contest.

Alan Brown, of Norfolk Avenue, Newmarket, won the trophies for the best vegetable selection and best entry in the flower section. He also received the society's trophy for best front garden.

Marion Turner, from Mildenhall, took awards for best entry in the fruit classes, for roses and for a sponge cake.

Neil Hammond took two other trophies in the rose section and Margaret Sadler won the award for a flowering fuchsia.

Alec Caldwell, of Exning, took the Trustee Savings Bank Cup for best entry in the vegetable classes and his wife Maureen won the society's award for best back garden.

Peter Miller took two awards in the floral arrangement section and Jean Pettitt was awarded the Floral Arrangement cup.

In the children's section the two top awards were won by Rachel Louise Smith, of Ashley Road, Cheveley.

Show-stopper: exhibitor Alan Brown with his prize-winning flower arrangement, one of a number of successes on the day. 591969

Dad-to-be in rush to hospital is given ban

BY JORDAN DAY

Email: editorial@newmarketweeklynews.co.uk

A FATHER-TO-BE who rushed to Addenbrooke's Hospital to see his baby daughter being born has appeared before court.

Jason Nelmes was clocked doing 38mph as he put his foot down along Cambridge's 30mph-limit Newmarket Road on April 14.

Appearing at Ely Magistrates' Court last Thursday, the 36-year-old insisted it was a "one-off" as his daughter was being born in distress.

But three days earlier, police had stopped him in Saxon Street Village, Newmarket.

Nelmes, who only has a provisional licence, was driving without supervision or L-plates and with no insurance.

He pleaded guilty to charges of speeding, having no licence, no insurance and failing to produce an MOT certificate within seven days.

Nelmes, of Silverley Way, Ashley, Newmarket, had also been disqualified for six months at West Suffolk Magistrates' Court earlier this year for speeding.

Unrepresented at Ely's courthouse, he told the bench: "My baby was being born in distress and it was an emergency.

"I drove there with my neighbour's supervision, so that was all legal and I just put my foot down as I wanted to be there.

"In relation to the other offences, my neighbour could not come out in the car with me so I just risked going alone.

"I did it once and got caught once, so I will not be doing that again."

Magistrates banned Nelmes from driving for four months, which will run concurrently with his current six-month ban.

He was also fined £60 and ordered to pay £50 in court costs and a victim surcharge.

Hunt for bogus water worker who stole from pensioner

POLICE have released an EFIT likeness of a bogus water worker believed to have been involved in the theft of cash from a woman in her 80s.

The man called at the woman's home in Black Bear Lane, Newmarket, and asked to check the water supply.

After the man had gone, the victim found her purse containing an undisclosed amount of money, believed to be more than £100, had been stolen.

The caller was a white man thought to be in his 40s. He was 6ft tall, of large build and wearing dark clothing.

Police EFIT picture of the bogus caller.

Anyone who can identify the bogus caller, or who has any other information about the incident which happened at around 1pm on Wednesday, August 26, should call Det Con Mike Blaney at Mildenhall CID (01284) 774100 or Crimestoppers on 0800 555111.

Police have also warned of a man posing as an electrician who has called at homes in Suffolk claiming he is there to check the switches.

The man is described as 40 to 50 years old with large or chubby build and a round face.

Anyone with information should call (01473) 613500.

Mother confessed to killings, court told

A MOTHER stabbed to death her two teenage daughters as they slept in their beds to "wreak havoc" on her ex-husband, a court heard.

Rekha Kumari-Baker, 41, is accused of murdering Jasmine Baker, 13, and Davina Baker, 16, at her home in Stretham.

As her trial began at Cambridge Crown Court on Monday, prosecutors said the "significant measure of planning" that went into the killings – with Kumari-Baker buying the knives from a Cambridge supermarket two days beforehand – means they should be judged as murder.

Davina, a student at Cambridge Regional College, tried to shield herself from her mother's attack but sustained 39 stab wounds in her chest, neck, back, arms, hands and fingers, the court heard.

John Farmer, for the prosecution, said the attack on Davina became "frenzied", as Kumari-Baker had "geared herself up" for it.

The court heard that Kumari-Baker telephoned a friend hours after the killings, saying: "I've killed the kids. The children are dead."

Kumari-Baker is also alleged to have told her friend: "It's terrible. At least the children are safe now. Nobody else can hurt them."

Mr Farmer said the killings took place against a backdrop of Kumari-Baker's unhappiness over access arrangements to her children and a failed love affair, as well as resentment at a successful relationship enjoyed by her ex-husband, David Baker, the girls' father.

Mr Farmer told jurors: "You may think it is a pretty atrocious thing to do to sneak up on someone asleep – particularly your daughter – and stab them. You have got to psych yourself up. Once you've started . . . She wasn't going to stop."

Kumari-Baker, formerly of The Crofters, Stretham, denies murder.

She will raise a defence of

BY JOHN MORGAN
and JOHN DOWNING

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diminished responsibility on the grounds of a "severe abnormality of mind", which would lead to lesser charges of manslaughter if proved, the court heard.

The killings took place on June 13, 2007.

Mr Farmer said there had been "turbulence" between Kumari-Baker and Davina, with Davina having a history of "unacceptable behaviour".

Kumari-Baker was resentful of Mr Baker's new partner and concerned about "the fact that her daughters were spending time in the same household as that woman", the court heard.

Her own new relationship, with Jeff Powell, the owner of a furniture business in Cottenham, had "floundered", as had her work as a waitress at the Bridge Hotel in Waterbeach, Mr Farmer said.

He told the court that with these matters "accumulating", "it is plain her mind turned to killing these two daughters".

Mr Farmer added: "These deaths did not occur in a fit of rage, they did not occur on a reaction to a sudden occurrence – it is something that has evolved in her mind over time."

On June 11, Kumari-Baker bought some knives from Asda on Coldham's Lane, Cambridge, the court heard.

She also organised an outing to the Lakeside shopping centre in Essex for her daughters on June 11, with the three of them making the trip together.

Mr Farmer said this was an attempt to ensure the girls were "available to be killed". Arriving home late would mean the girls had to stay at their mother's house that night, he told the court.

But Mr Farmer said that Davina sent her mother a text message "expressing affection and appreciation" for the outing, which "floored" her.

Another trip to Lakeside was then set up for the next day, the court heard.

The girls went to bed at their mother's home at 11.30pm that night, with Kumari-Baker following just after midnight.

Mr Farmer said that Kumari-Baker was lying in bed awake at 2.30am. Wearing a nightdress, she then went downstairs and "equipped herself" before going into Davina's room.

Mr Farmer told the court: "In the course of attacking Davina as she lay asleep in bed, Davina woke up. But to no effect, because by then, the defendant had geared herself up."

He added: "Although Davina may have tried to resist and tried to move away, she (Kumari-Baker) went on stabbing."

There were 39 stab wounds inflicted on Davina and Kumari-Baker did not stop "until she was quite satisfied that Davina was dead", Mr Farmer said.

Kumari-Baker then moved on to Jasmine's room, the court heard. Mr Farmer said there was "some movement" by Jasmine, who did not resist to the same degree as Davina.

At 6.26am Kumari-Baker called a friend, Natalie Boyes-Bartlett, who is a special police constable, and told her the girls were dead.

Mrs Boyes-Bartlett arrived at the house with her flatmate, Sgt Jenny Johnstone, who arrested Kumari-Baker.

Mr Farmer told the hearing that in a series of police interviews, Kumari-Baker showed "virtually no memory" of events that night.

Psychiatric assessments carried out in custody showed "no sign of mental illness", he added.

The case continues.

On trial: Rekha Kumari-Baker is charged with murdering daughters Davina and Jasmine, pictured below left.

Officers speak of horror discovery

Shock: police at the scene in June 2007.

POLICE officers have spoken of their horror at discovering the bodies of two teenagers stabbed to death in their beds by their mother.

Sgt Jennifer Johnstone was first to go upstairs at Rekha Kumari-Baker's home in Stretham where she found Jasmine and Davina Baker.

She told Cambridge Crown Court: "I have been to the scene of many deaths but nothing like this."

Another officer attending the scene, Pc Andrew Watters, told how he pulled back the duvet from a single bed to find a girl's body, with numerous wounds.

In the second bedroom he pulled back a duvet and discovered the girl's sister. He told the court: "I stood there shocked as to what I saw."

He checked her vital signs but there was no pulse.

His account came as the girls' father, David Baker, spoke of the last time he saw his daughters.

He described Davina as "feisty, outgoing and extrovert" while Jasmine was "quieter and intellectual".

One of the last texts he received from Davina asked him what he wanted for Father's Day.

Pensioner denies assault on woman

A PENSIONER has denied sexually assaulted a woman.

Kenneth Bristow denied intentionally touching a woman in a sexual way without consent when he appeared at Cambridge Crown Court.

The 69-year-old, of Somerset Court, Cheveley, was released on conditional bail until a trial after October 19.

Talkative Bristow was told to "just be quiet" by Judge Jonathan Haworth during the brief hearing.

Man injured after falling from scaffold

A MAN suffered serious injuries in a fall from scaffolding.

The man, believed to be around 65 years old, fell while painting a house at Cavenham.

The East Anglian Air Ambulance helicopter landed nearby and medics from the helicopter accompanied him in a road ambulance to Addenbrooke's Hospital.

He was reported to have fallen about 30ft and was said to have been trapped under part of the scaffolding.

He had chest injuries and a possible fractured pelvis as a result of the fall in The Street, just before 8.30am last Thursday. Police were also called to the scene and the Health and Safety Executive is investigating the incident.

Royal Mail workers to strike again

THOUSANDS of people will not receive their mail on Monday as postal workers in depots including Soham go out on strike for the second time in a month.

The Communications Workers' Union (CWU) has confirmed that workers will take industrial action for 24 hours after Royal Mail announced plans to reduce workforce in offices across the UK.

pt
SUPPLIERS AND INSTALLERS

Apt

Pupils enjoy a longer holiday

SECONDARY pupils were treated to an extra day's summer holiday when their school lost its electricity supply.

Soham Village College was forced to close for the day last Friday when the power supply to Sand Street was disrupted.

EDF Energy described the problem as a "complex localised fault" in its underground electricity network.

The college's neighbouring St Andrew's Primary School was also forced to close, Ross Peers Sports Centre was affected and some houses were without power.

Jonathan Peryer, the college's business manager, said: "Friday was the first day back of the autumn term for our Year 8-11 pupils so they had an extra day off.

"Our Year 7s came back the day before, so were only slightly disrupted on Thursday afternoon when the power started to go.

"It was a bit of a nuisance but power cuts are just one of those things."

Power along the street was initially interrupted on Thursday at 9.30am.

Engineers briefly restored power supplies but decided further work was needed to locate, excavate and repair the fault in an underground cable.

They worked through the night and continued on Friday to restore the supply.

The power came back on at around 1pm.

An EDF Energy spokeswoman said: "EDF Energy Networks worked to restore power supplies in the Sand Street area of Soham following a complex localised fault on our underground electricity network.

"We would like to apologise to customers for the inconvenience caused."

Postcard surprise for car boot hunter

BY JOHN GOODE

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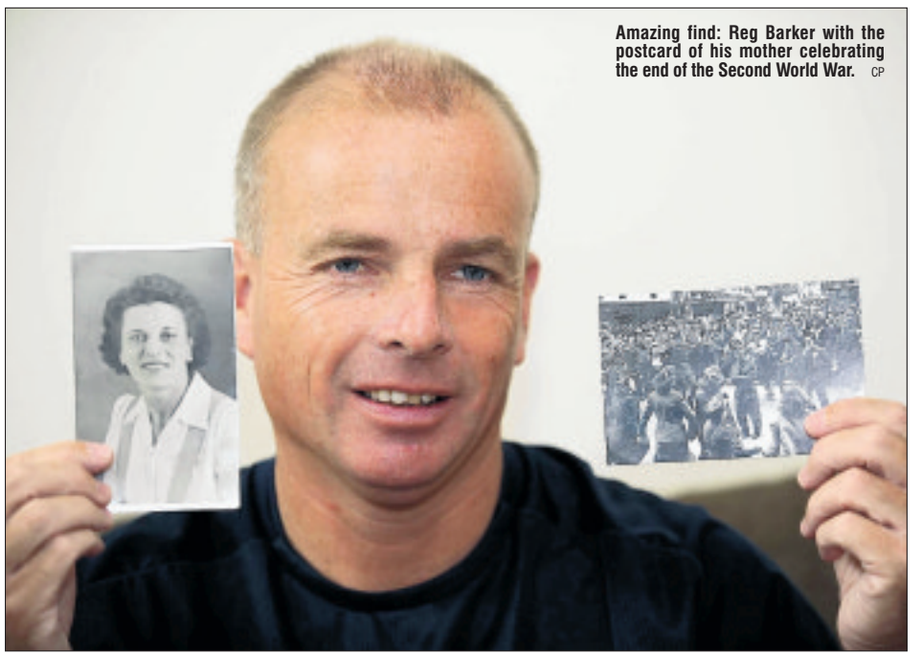

Amazing find: Reg Barker with the postcard of his mother celebrating the end of the Second World War. CP

A CAR boot sale bargain hunter was amazed to find a photograph of his late mother in a box of old postcards.

Reg Barker was stunned to see his mum celebrating the end of the Second World War in the black and white photo.

It was among a box of more than 200 that he bought for £3 at a boot sale at Kennett.

It was not until the following Thursday – the anniversary of his mother's death in 2000 – that he looked at the photographs.

"I can honestly say what I found literally blew me away," said Mr Barker, 49, from Mildenhall.

"As I looked closer I saw a young woman dancing and laughing.

"She was dressed immaculately and on closer inspection I realised I was staring at my mum, Marjorie, and next to her was my aunt Doris.

"I was speechless, utterly shocked. I mean what are the odds of finding something like this? It must be millions to one.

"To me the postcard is priceless and I can only imagine what my mum would say if she was here, although I imagine she's looking down now and laughing at this."

Mr Barker, a teaching assistant at Mildenhall's Great Heath Primary School and football coach at Mildenhall Town FC where he also referees, said his father Frank was not in the picture as he was serving on a submarine at the end of the war.

He added: "My parents married in the early 1940s and were living in South London at the time while my mum worked at Harrods as a seamstress and dad served in the Navy.

"When I was first adopted by them in 1963 I moved to Brixton before we moved to Mildenhall in 1971."

Mr Barker's father died within a few years of his wife's death after being married for nearly 60 years.

The Wedding Guide

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Have a say on regional building plans

A MAJOR public consultation has been launched into how the region will grow.

The public will be asked by the East of England Regional Assembly (EERA) for their views on how many more homes are needed in the region in a public consultation launched this month.

The consultation will run until November 24 and will primarily seek views on four different scenarios for the number of new homes needed in each council area every year to 2031.

Consultation events are being held across the region this month, where members of the public can find out more.

Two of these include the Robinson College, Cambridge, this evening, from 7pm-8.30pm and at the Maltings, Ely, on Friday, October 2 from 6pm-7.30pm.

Cllr Derrick Ashley, chairman of the regional planning panel on the EERA, said in a letter to the *Weekly News*: "The region has a target to build around 26,000 new homes every year and 3,665 a year in Cambridgeshire.

"This first stage of public consultation will ask whether we should continue with the existing target of around 26,000 new homes a year or whether it should be increased to as many as 34,000 new homes every year.

"The assembly has already rejected as undeliverable the highest end of the range of new homes proposed by the Government – about 39,000 homes every year."

Cllr John Reynolds, EERA chairman, said: "This consultation is to promote public debate on planning for the future of the region and specifically the issue of new homes. The East of England Plan is of interest to everyone in the region as it provides the framework for councils' local plans and covers the economy, housing, transport, the environment and climate change.

"We do need to plan ahead to ensure that people can gain access to homes they can afford and that new homes are close to jobs, transport and other public services."

To book a place for one of the consultation events visit *events.eera.gov.uk* or contact Jayne Cole on (01284) 729405. Or visit the EERA website *www.eera.gov.uk*

Award for years of giving blood

OFFICE cleaner at the *Weekly News*, Margaret Knights, was among blood donors who received awards for long service.

Mrs Knights, 70, who has cleaned the office at Newmarket for more than 20 years, received an etched glass plate for giving 75 pints of blood.

She was among the award winners from the region at a special dinner and presentation at Homerton College, Cambridge.

She said: "I've been a blood donor since 1967 and I started after I had a transfusion myself in 1964."

Her husband Allen, 69, has been a blood donor since he was 18 and has given 110 pints. He was not among those who received an award at the presentation having previously received milestone donation awards.

Among those also receiving awards were Nigel Hotchkiss and Michel Scarff from Burwell.

The Gift of Life Appeal by our sister paper, the *Cambridge News*, is encouraging people to sign up to be blood donors.To be potentially able to give blood you must be aged between 17 and 65, weigh over 7st 12lb (50kg) and be in good health.

There is no upper age limit for blood donation if you have donated in the last two years.

For more information about giving blood or to book an appointment, visit *www.blood.co.uk* or call the donor line number on 0300 1232323 giving the "Cambridge News" code.

Donor award: *Weekly News* office cleaner Margaret Knights with husband Allen CP

Straw blaze investigation

A BLAZE which destroyed 1,000 tonnes of straw is being investigated as arson.

Firefighters kept watch on Tuesday as the fire was allowed to burn out at Hurdle Drove, West Row.

It broke out just before midnight on Monday. Fire crews from Newmarket and Mildenhall attended.

Police have appealed for anyone with information about the incident to call Pc Terence Harvey at Mildenhall Police on (01284) 774100 or Crimestoppers on 0800 555111.

Commander heads to US

THE first woman commander of the US Air Force's wing at Mildenhall is leaving to take up a new appointment in Washington.

Brigadier General Eden Murrie, 48, who has commanded the 100th Air Refueling Wing, handed over to Col Chad Manske on Wednesday.

General Murrie's new job is special assistant to the vice-chief of staff at USAF headquarters.

Conduct hearing runs out of time

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

TWO councillors accused of breaching their code of conduct will have to wait another month to find out if they are guilty.

A two-day hearing by members of the Adjudication Panel for England ran out of time before they could decide whether Cllr John McGhee and former councillor Terry Waters had breached Forest Heath District Council's code of conduct.

Panel chairman lawyer Melanie Carter said that while she and her two colleagues had made "findings of fact", they had not decided whether there were breaches of the code – nor whether any punishment was required.

Those decisions will not be made until the panel meets again on Wednesday, October 21.

The panel could bar the pair of acting as councillors.

But Mr Waters resigned from the council two weeks before the hearing, held at a Bury St Edmunds hotel on Monday and Tuesday, and branded it a "kangaroo court".

Mr Waters, who represented the Eriswell and the Rows ward on the council for more than six years, did not attend the hearing which followed a complaint about the way an application for planning permission by his son James was handled.

The council was subsequently found guilty of maladministration by the Local Government Ombudsman who ruled there had been "an appearance of bias and favouritism" in the way James Waters' application to build houses on land at Beck Row was granted in December 2006.

As a result of the Ombudsman's ruling, the case was referred to the Standards Board for England which carried out an investigation which in turn led to the Adjudication Panel hearing.

Discussed application: Cllr John McGhee had decided to support a plan before a committee vote.

Resigned: former councillor Terry Waters quit the council two weeks before the hearing.

The panel found that Cllr McGhee had discussed the application with Terry and James Waters and had decided to support it before the council's planning committee voted on it.

Ms Carter said the panel found that Terry Waters had asked Cllr McGhee to act as his substitute at the committee meeting.

They also found that Terry Waters had accused Nigel McCurdy, at the time the council's head of planning and now one of the council's strategic directors, of being a liar.

But Ms Carter said: "We retain an open mind as to whether or not these facts amount to a breach of the code of conduct."

Racecourse teams up with brewery

NEWMARKET Racecourses has teamed up with brewers Adnams for the next three years.

The tie-up with the Southwold-based brewery includes the launch of a new regional food and drink festival during the Cambridgeshire Meeting on the Rowley Mile racecourse at the start of October.

Adnams beer will be sold in selected bars on all of Newmarket's 38 annual racedays, while Adnams' customers will be given the opportunity to enjoy a day at the home of racing through a number of special offers during the season.

The racecourses previously had a link with Bury St Edmunds' brewery Greene King which had promotions to give pub regulars a free day out at the races.

There will be permanent branding for Adnams on both Newmarket courses which will include non-racing events at the Rowley Mile's conference and exhibition centre.

The Food and Drink festival featuring local producers from across East Anglia will run alongside one of Europe's highest profile race meetings which starts on Thursday, October 1, and culminates with Britain's most valuable raceday, including the running of the totesport.com Cambridgeshire Handicap, on October 3.

Stephen Wallis, managing director of Newmarket Racecourses, said: "This is a very exciting partnership between two organisations who are proud of their East of England heritage and location and who share a common vision to provide the highest levels of quality, service and value for their customers."

Exhibition team: front from left are Joan Watkinson and Rosemary Foreman; back from left are Jean Relihan, Reic Dunning and Sandra Easom. Picture: Duncan Lamont 592667

Take a peep at town's history

MEMORIES of Newmarket's past will be stirred by a new exhibition.

The town's Local History Society is staging the month-long display at the library in the Guineas shopping centre.

It features the old terraced houses which disappeared when Icewell Hill was redeveloped with the present blocks of flats more than 40 years ago.

Eric Dunning, chairman of the society, said: "We have got a lovely picture of the interior of the old Victory Inn which stood on Victory Lane, a road which no longer exists but which ran diagonally from St Mary's Square."

The exhibition also marks the 60th anniversary of the opening of the town's "automatic telephone exchange" in The Avenue by the assistant postmaster general of the time.

The Newmarket Weekly News is your truly local newspaper for the town and surrounding villages.
We pride ourselves on producing publications for the community and about the community and aim to provide the very best service for readers and advertisers alike.
At the same time, we are constantly looking to improve our title and are always happy to hear from you with suggestions and comments.
If you have any feedback for us then please contact the relevant person or people listed below.

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Send your letters to: The Editor, Newmarket Weekly News, 15 High Street, Newmarket, CB8 8XL or by email to editorial@newmarketweeklynews.co.uk

Time to remind distant friends

Sir, I know many *Weekly News* readers may have used the summer holidays to visit friends or relatives living overseas. Perhaps it is a good time to ask those readers to help make sure their overseas friends don't lose their right to have their voices heard in the UK - especially as there will be a UK General Election before next summer.
My own experience of the last General Election was that many people left registering until the last minute and some missed their right to vote as a result.
Will readers please help by reminding their friends to register?
Every British citizen who has been registered to vote in the UK within the last 15 years is eligible to vote in UK parliamentary (general) elections and European parliamentary elections in the UK. Anyone who was too young to register when they left the UK can still register as an overseas voter so long as their parent or guardian was registered to vote in the UK. Forms are available from local councils or on the website at *www.aboutmyvote.co.uk*

Vicky Ford
Conservative MEP
for the East of England
St Neots Road
Hardwick

LETTERS POLICY

Letters should arrive by noon on the Monday before publication.

Full name and address must be supplied and details will be withheld only in exceptional circumstances.

Letters should be no longer than 250 words and may be edited.

MEMORIES

THIS week's photograph, from our archives, shows a hunting scene from the past.
The vehicles may help you date this picture showing hounds enjoying running ahead of horses and followers. Who are they and what were they doing.
Could you say when the photograph was taken?
We welcome your letters or emails. Send your recollections to: Memories, *Newmarket Weekly News,* 15 High Street, Newmarket, CB8 8XL, or email *editorial@newmarketweeklynews.co.uk* by Tuesday morning. 589331

Last week's *Memories* photograph, from our archives, shows a group of jockeys all set for the Newmarket Town Plate race. The photograph was taken in October 1959 – were you among those riders? Send your memories to the *Weekly News* at the addresses above. 589027

Centre marks special week

A SPECIAL children's centre in Soham will be holding a fun-filled open day next week.

To mark national Sure Start Children's Centre Week, from Monday to Friday, the town's centre will be joining in with the celebrations on Wednesday.

Located at the health centre on Pratt Street, there will be everything from messy play sessions to refreshments on offer all day.

The event is being held nationwide to celebrate that there are now 3,000 of the centres across the country.

For more information, call Mary Barnes on 07827 230891 or 07827 234442.

Fear that recession will hit Christmas campaign

A CHARITY which helps children living in difficult conditions at Christmas is launching its annual appeal this week.

Operation Christmas Child started in Cambridgeshire on Monday, with organisers asking people to continue their support despite the recession.

Gordon McCann, regional manager of Operation Christmas Child, said: "Our concern this Christmas is that people, naturally, are worried by the recession and might be undecided about helping this year."

The initiative delivers shoeboxes filled with gifts to children living in difficult conditions in the UK, eastern Europe, Africa and Asia

In 2008, nearly 20,000 shoeboxes full of presents were donated by individuals and groups across the area, including the Newmarket area.

The boxes were checked at the charity's warehouses in Cambridge and Huntingdon before being transported to Belarus, Kosovo, Kyrgyzstan and Serbia.

Anyone wishing to help with this year's effort can visit *www.operationchristmaschild.org.uk* or call the helpline, 0870 011 2002.

A £2.50 contribution is requested towards promotion, transport, processing and distribution, and shoeboxes should be ready by November 18.

Scientists winning on DNA mutations

SCIENTISTS in Cambridgeshire have made a breakthrough in understanding mutations in human DNA.
Research published in the journal *Current Biology* shows each of us has at least 100 new mutations in our DNA.
Scientists have been trying to get an accurate estimate of the mutation rate for more than 70 years – and now a reliable estimate has been achieved thanks to "next generation" technology for genetic sequencing.
The findings may lead to new treatments and insights into human evolution.
Scientist Dr Yali Xue, from the Cambridge-based Wellcome Trust Sanger Institute, said: "The amount of data we generated would have been unimaginable just a few years ago. Finding this tiny number of mutations was more difficult than finding an ant's egg in an emperor's rice store."

Bridge the Gap charity walk will be a picnic too

PARTICIPANTS in this year's Bridge the Gap walk will have the chance to boost the fundraising total – by enjoying a picnic.

The premier charity walk in Cambridge takes place on Sunday and city food store Origin8 has stepped in with a great offer to boost the appeal.

The St Andrew's Street shop, which stocks top East Anglian produce, is offering to make a 10 per cent donation to Bridge the Gap for any picnic pre-ordered by walkers.

The only rule is that the boxes, packed full of food and with their own cutlery and glasses, must be requested 24 hours in advance of the walk.

At the end of the 4.5-mile event, the picnics will be available for collection on Jesus Green. Prices start at £7.50.

That isn't the only way Origin8 is helping Bridge the Gap towards its £50,000 target.

For every brownie sold on the day, the shop will donate 10p to the appeal, while any badged walker who drops in while on the walk will be offered a choice of freshly brewed tea or coffee at a special rate of just £1 per cup.

Robert Burton, Origin8's store manager, said he hoped the deal would deliver a big fundraising fillip for the walk, which supports the Arthur Rank Hospice and Press Relief, the community fund run by our sister paper, the *Cambridge News*.

He said: "We're delighted to support such a good cause, particularly because it's such a local cause too.

"Bridge the Gap is a fun and leisurely walk and I think our picnics will be perfectly suited to that."

To pre-order a picnic, visit *www.origin8delicafes.com* and click on "picnics". The walk starts at Jesus Green at 9.30am. Entries are still open for the event, which costs £14 and is free to participants aged 16 or under, either by booking in advance or by turning up on the day.

For more details, call (01223) 723115 or visit *www.bridgethegapwalk.org*

Fun day: last year's Bridge the Gap walk – this year, participants can enjoy a special offer picnic.

Thieves steal two purses

TWO women's purses were stolen while they were shopping.

One of the women was in the TK Maxx store in Newmarket High Street when her purse and contents, worth a total of £265, was stolen from her bag on Tuesday last week between 1.45pm and 2.25pm.

The following day another woman, also in her 60s, had her purse and contents, worth £80, stolen from her handbag while she was in Marks and Spencer, in Newmarket's Guineas shopping centre. The incident happened between 2.15pm and 2.45pm.

Anyone with information about the thefts should call Pc Kevin Green or Pc Charlotte Milne at Newmarket police station (01284) 774100 or Crimestoppers on 0800 555111.

Councillor appeals over 'witch' ruling

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

A COUNCILLOR is appealing against a disciplinary censure for making a remark about burning witches.

Cllr Pat McCloud was found to have treated fellow councillor Lisa Chambers with disrespect after he made the remark in an email to all members of Forest Heath District Council.

A hearing of the council's standards committee in June ruled that he should have more training on the council's code of conduct and send a written apology to Cllr Chambers, who complained that she felt the remark implied she was a witch.

But Cllr McCloud, who has sent an apology, has now appealed against the ruling claiming that two members of the committee who considered his case had a "prejudicial interest".

He is claiming that Lawrence Noble, an independent member of the council's standards committee who chaired the hearing, and Cllr Roger Dicker were personal friends of Cllr Chambers.

He said Cllr Dicker is a member of the council's leading Conservative group with Cllr Chambers, who is also a leading member of Suffolk County Council.

Mr Noble's son is Cllr Colin Noble, a Conservative member of Suffolk County Council alongside Cllr Chambers.

The Adjudication Panel for England is considering the appeal by Cllr McCloud, 77, a Liberal Democrat who represents Red Lodge with Cllr Chambers, by way of written representations.

The panel's ruling is due to be made later this month.

Appeal: Cllr Pat McCloud.

Nearly 1,000 had no car insurance

NEARLY 1,000 vehicles have been seized by Cambridgeshire police since the start of the year after motorists failed to insure their vehicles.

The action is part of the roads policing unit's commitment to making the roads safer and follows a number of operations as well as routine patrols.

Police are able to seize any vehicle where the driver does not have insurance or a licence.

There is then a 14-day period in which vehicles can be reclaimed once the appropriate documentation has been provided.

If the vehicle is not claimed within this period they are either crushed or sold at an auction.

Those caught are also fined £200 and will have to pay a £160 recovery fee and get six points on their licence.

Inspector Alan Page, from the roads policing unit, said: "The dangers of driving without insurance are many and it will not be tolerated.

"The fact that we continue to find uninsured vehicles on the roads shows there are still drivers who think it is acceptable to drive without insurance or a licence.

"These people are a menace and a danger to themselves and others."

Dial-a-ride bus service needs volunteer help

MORE volunteers are needed for a bus service that offers sick, disabled and elderly people a vital means of transport.

Cambridge Dial-a-Ride provides a community transport service for 550 registered members and 63 groups in the city and surrounding villages, reaching more than 1,100 people.

The bus service allows people to do their shopping and visit doctors, friends and relatives, and it also takes groups on weekend outings.

The registered charity employs an operations manager, two paid drivers and a scheduling clerk but needs more people to join its 20 volunteer drivers.

Tony Barber, chairman of the trustees, said: "We have more than 500 members who can book up to two trips a week. We do about 20,000 trips a year. One of our main trips is for shopping, about 33 per cent. Not only would we like more volunteer drivers, we would like more members and donations, however small."

Prospective volunteers should be able to give a minimum of half a day a week.

For more information, call (01223) 506335.

Family Announcements

01638 662581

Deaths

ANDREWS. Cath, of Bar Hill Cambridge. Beloved wife of the late Bill, also a dearly loved mum and gran, passed peacefully to rest in Addenbrooke's Hospital, on Sunday, August 30th, 2009, aged 82 years. Funeral service and committal, 12.00noon, on Friday, September, 18th, at Cambridge City Crematorium, West Chapel. Family flowers only, donations if desired, made payable to Addenbrooke's Charitable Trust for ICU, may be sent to Richard Stebbings Funeral Services, Kendal House, Cambridge Road, Impington, Cambridge. CB24 9YS. Tel: 01223 232309.

AUDLEY. Maurice, of Fulbourn, Cambridge, peacefully in Addenbrooke's Hospital, on Tuesday, September 1st, 2009, aged 85 years, after a long illness. Dearly loved husband of Eileen and dad of Paul, Martin and Neil, grandad of James and Christopher and brother of Dorothy and will be sadly missed by all the family and friends. Funeral service at Cambridge City Crematorium, on Friday September 11th, at 11.15am, West Chapel. Family flowers only please, but if desired donations made payable for The British Heart Foundation or Cancer Research UK, to R Skeates Funeral Directors, 45 Moorfield Road, Duxford, Cambridge. CB22 4PP. Tel: 01223 833463.

DAVIS. Stella, sadly passed away on Saturday, August 29th, 2009, aged 88 years. Will be sadly missed by family and friends. The funeral service will take place on Monday, September 14th 2009, Cambridge City Crematorium, East Chapel, at 1.00pm. Flowers or donations to Alzheimer's society may be sent c/o Co-operative Funeralcare, 34 James Street, Cambridge, CB1 1HX.

DUNWELL. Owen, of Waterbeach, died peacefully in Arthur Rank House, on Wednesday, September 2nd, 2009, aged 66 years. Dearly loved husband of Pamela, father of Donna and Carrie and grandfather. Funeral service at Cambridge City Crematorium, Monday, September 14th, 2009, at 1.45pm, East Chapel. Family flowers only, but donations if desired made payable to Wood Green Animal Shelter, may be sent to Richard Stebbings Funeral Service Ltd, Kendal House, Cambridge Road, Impington, Cambridge. CB24 9YS. Tel: 01223 232309.

HAYWARD. Val, passed suddenly but peacefully to rest at Addenbrooke's Hospital, on Thursday, August 27th, 2009, aged 73 years. She will be sadly missed by Roger and all her family and friends. Funeral service to be held at Cambridge City Crematorium, West Chapel, on Thursday, September 10th, at 11.15am. No flowers by request, donations if desired may be made for the Arthritis Research Campaign c/o Weyman Funeral Service, 26 Abbey Walk, Cambridge. CB1 2QJ.

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Call to support homes lobby

A GROUP fighting plans for 1,200 new homes has called a public meeting to gain support for their campaign.

The Save Historic Newmarket Action Group is worried that the scheme will hit the town's position as the home of horse racing.

Leading racehorse owner Sheikh Mohammed is among the opponents of the proposals along with racehorse trainers, breeders, auctioneers Tattersalls and Jockey Club Estates.

Racehorse owner Lord Derby wants to develop his land at Hatchfield Farm, between the A14 and Fordham Road with new homes.

Forest Heath District Council has said, in its core strategy for the period to 2031, that the town should have 1,400 new homes on green field sites.

The action group has called a public meeting next week as the next step in its campaign.

A spokeswoman for the group said: "It is our belief that this town is already at crisis point.

"Our roads and infrastructure simply cannot cope with the addition of such a major new housing estate which would increase the town's population by up to 25 per cent."

She said the scheme would have a "potentially devastating" effect on the town's horseracing industry and "will jeopardise Newmarket's position as the historic home of horseracing."

The meeting will be held at the National Horseracing Museum, in High Street, Newmarket, next Thursday, starting at 5.30pm.

Anyone wanting more information should call (01638) 565455.

In our weekly column, reporter JOHN GOODE takes a look behind the racing scene to bring you news from in and around the stables.

Trainer recovering after heart op

RACEHORSE trainer Michael Jarvis is recovering after undergoing a heart operation.

Mr Jarvis, 71, (*pictured*) who has trained in Newmarket for more than 40 years, underwent the valve replacement operation in Papworth Hospital on Wednesday last week.

A spokesman at his Kremlin House stables in Fordham Road said: "It went well. I saw him yesterday in hospital and he was in good spirits although still in pain from the operation as you would expect."

Mr Jarvis, who trains up to 80 horses, is expected to be in hospital for about a week and will be recuperating for around six weeks.

His horses have won top races in Europe as well as Britain. He won the 1989 Prix de l'Arc de Triomphe with Carroll House and has also had a winner of the 1,000 Guineas at Newmarket and the Epsom Oaks.

Earlier this year one of his horses won a top race in Germany, the Bayerisches Zuchtrennen.

Novelty racing for Kieren before comeback

TOP jockey Kieren Fallon was back in the saddle in advance of his return to racing on Friday when he gave riding tips to young pony riders.

The six-times champion jockey, who made his return to race riding after an 18-month drug suspension imposed by the French authorities, led one of two teams for youngsters between the ages of 11 and 15.

He took part in novelty races and rode alongside some of the youngsters on the five-day course at Newmarket's British Racing School.

The second team was led by 2005/6 champion conditional jockey William Kennedy.

Gemma Dawson, finance director of the British Racing School and a member of the Pony Racing Authority steering group, said: "It is a real treat that William and Kieren gave up their time and help out with the pony racing.

"They did this entirely to give something back to the sport and accept no fee. At the age of 11, to be able to say that you have ridden upsides on the gallops with Kieren Fallon, is pretty special."

It was the second year that the Racing School had run the week for 12 young pony racers at £300 per rider.

The week included a visit to top trainer Sir Mark Prescott's stables.

Riding out: Kieren Fallon on the gallops with young rider Claud Baker. CP

Appeal over use of house at stables

TOP racehorse trainer Peter Chapple-Hyam has appealed against the refusal of council planners to allow a house at his stables to be occupied by someone who does not work there.

Forest Heath District Council has refused to grant a certificate of lawful use which would allow the house at the trainer's Machell Place stable in Old Station Road, Newmarket, to continue to be used as a private dwelling.

The council has a policy of protecting stables from other uses outside of the racing industry. It includes houses which were originally intended for the use of stable workers.

Planners refused to grant a certificate of lawful use because they were not satisfied the house had been used independently from the stables for four years.

Mr Chapple-Hyam has appealed against the decision and a public inquiry will be held on a date to be announced.

Grant to help beat disease

A GRANT of £580,000 will help veterinary experts fight a potential killer horse disease.

Work being carried out at the Animal Health Trust, based near Newmarket, could lead to a more rapid diagnosis of Strangles.

The research is aimed at giving vets across the world the ability to make a diagnosis in 30 minutes and so give affected horses a better chance of survival and cut the risk of the infection spreading.

The grant, from the Wellcome Trust, a charity which funds research into human and animal health problems, will fund a further two years of work to develop a faster diagnosis.

Scientists at the AHT have already developed a revolutionary blood test to screen for exposure to Strangles. It was developed as part of research financed by a £250,000 campaign called "Breaking the Strangles Hold". The campaign was run by the AHT and the British Horse Society (BHS) and received public donations and funds from The Horse Trust.

The Princess Royal, president of the AHT who launched the campaign, said: "As an owner who has seen my own horses affected by this terrible disease it's wonderful to see such progress being made in a relatively short time.

"The screening test enables owners to know within 24 hours if any of their horses have been exposed to this bacterium. Previously available tests would have taken three to four days. The test is making a real difference in welfare and economic terms for all those involved in the equine industry. It truly is groundbreaking."

The blood test was launched in February, 2008, and more than 6,700 samples have been tested since.

Professor Andrew Waller, head of bacteriology at the AHT, said: "The main problem with Strangles is the time taken to diagnose it. The current blood test is a big step forward, but the culture and DNA tests, which are often used in the initial stages of an outbreak, can take a couple of days to get results."

The Wellcome Trust grant will support the integration of the AHT DNA test and rapid diagnostic technology developed by Atlas Genetics.

It is hoped that the test could be mass produced and widely available by 2012.

Historic air race to Oz commemorated with rare exhibits

A NEW exhibition marking the 75th anniversary of an air race to Australia has opened with memorabilia never previously seen in public.

Mildenhall Museum is staging the exhibition featuring items from private collections related to the race.

Competitors in the 1934 race took off from the newly-opened Mildenhall airfield to fly to Melbourne, Australia.

The race was won by a twin-engined De Havilland DH-88 Comet named Grosvenor House which completed the 11,300-mile race in less than three days smashing the previous record of just under seven days.

The exhibition, at the museum in King Street, Mildenhall, includes one of only 35 medals given to flyers who completed the race as well as an autographed menu from the winners' banquet held at London's Grosvenor House hotel which sponsored the winning plane.

The signatures of the two-man crew of the winning aircraft, Charles Scott and Tom Campbell Black, are among those on the menu.

Collectors of aircraft memorabilia offered some of their rare items for the display.

Peter Merrick, one of the museum trustees, said: "We had no idea they had so many extraordinarily interesting items."

Call the museum on 01638 716970 or visit *www.mildenhallmuseum.co.uk*

Below: museum volunteer Nick Spencer with one of the exhibits showcasing the 1934 air race from Mildenhall.
Left: another exhibit shows the aeroplanes which set out, and a map of the route.

Pictures Keith Jones 590893/92

Copper stolen from houses on site

THIEVES stripped copper pipes and wire from new houses on a building site.

The raiders caused damage in 10 houses on the Persimmon Homes site in George Lambton Avenue, Newmarket.

The cost of repairs is estimated at £400.

The thefts were discovered on Tuesday last week and are believed to have taken place over the bank holiday weekend.

Anyone with information about the incident should call Newmarket police on (01284) 774100 or Crimestoppers 0800 555111.

Three fairies and a tortoise in haul

STONE garden statues, including three fairies, a mushroom and a tortoise, have been stolen.

The five stone statues, worth £100, were stolen from Rozel Court, Beck Row.

The thieves struck on the night of Friday, August 28.

Anyone with information about the incident should call Pc Leah Driver at the Brandon Safer Neighbourhood Team on (01284) 774100 or Crimestoppers on 0800 555111.

Battle over allotments is back on

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

ANGRY residents and allotment-holders are set to fight the latest proposals to build houses following a five-year controversy.

Previous plans to build on around an acre of allotment land at St John's Avenue, Newmarket, were withdrawn in the face of local opposition.

Now Kings Forest Housing, which has acquired the land from Forest Heath District Council, is trying again with a modified scheme.

But the latest proposals, for 18 houses varying in size from three to five-bedroom, are facing similar opposition.

Consultants acting for Kings Forest displayed the latest plans last Thursday at Ditton Lodge Primary School, almost opposite the site.

Garsham Robertson, who chairs the Crockfords Park Residents' Association, said the current plans were "a Trojan horse" to establish the principle of building on the land.

Allotment fight: some of the protesters pictured last year.

He predicted that the plans would be altered if permission was granted.

Previous proposals were for more than 30 homes, including flats.

He said a traffic survey, carried out last month during the school holidays, did not reflect the true position when parents arrive to drop children off at the school.

"They haven't taken into account the expansion of the school," said Mr Robertson. "It will be chaotic."

Mary Jacobs, who chairs Newmarket Allotment Association, said: "We will be objecting.

"The site they want to develop includes plots which are still being worked by our members as well as land we gave up some years ago.

"It's just not fair how the council has treated us. They are taking land without any consultation."

She said the developers had implied there was not demand for allotments. But she said that all plots in the town were occupied and there was a waiting list.

An application for planning permission has been submitted to East Cambridgeshire District Council on behalf of Kings Forest.

Woodditton Parish Council, which covers the area, is due to consider the issue next Thursday when councillors will decide whether an objection should be lodged.

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Health trust's warning of £25million budget crises

THE NHS trust that pays for hospital and GP care in Cambridgeshire has warned it may have to save £25 million next year.

NHS Cambridgeshire, the county's primary care trust (PCT), said the savings would pose "a significant risk to the ongoing financial sustainability of the PCT".

In a report to the trust's board, finance director John Leslie said "immediate action" was needed to find recurrent savings between now and the end of the financial year, or savings of £25 million would be needed in 2010/11.

That sum for 2010/11 includes a £14 million repayment to the East of England Strategic Health Authority on the trust's historic debt, which stood at £35 million at the beginning of the current financial year.

The trust recently attracted criticism for closing a continuing care

BY JOHN MORGAN

Email: editorial@newmarketweeklynews.co.uk

ward at Brookfields Hospital and a mental health unit at Wessex Place, both in Cambridge.

Andrew Lansley, the shadow health secretary and MP for Cambridgeshire South, said: "We know that NHS Cambridgeshire has had serious problems for a number of years, which they have been trying hard to work their way out of.

"Nonetheless, it is frankly distressing that in circumstances where resources (from Government) are growing by nearly 11 per cent, they are in a situation of substantial financial difficulty. What it demonstrates is the absolute necessity for new thoughts about how we can deliver services more efficiently and effectively."

Central funding for NHS Cambridgeshire is scheduled to rise to

Serious situation: Martin Booth, chairman of Cambridge health branch of Unison, calling on Government to provide necessary funding.

£827 million in 2010/11.

Martin Booth, chairman of the Cambridge health branch of Unison, said: "This very serious financial situation at the PCT is going to affect the whole health service in Cambridgeshire, and certainly Addenbrooke's.

"Yet again we are calling on the Government to provide the funding that health services in the county need for the demand that is obviously there."

Mr Leslie said: "The board paper was highlighting the current worsening trend in acute activity and setting the scene for the impact going forward; we believe it is based on a worst-case scenario.

"The board and the executive management team will monitor the situation closely and have implemented recovery actions to minimise the overall impact.

"NHS Cambridgeshire has a good record of financial management and is currently achieving financial balance and repaying its historic debt."

He said the report "was not an indication of service cuts, but a forward-looking planning review as would be expected of any organisation in the current economic times".

Vaccination bid to cut risk of cervical cancer

A NEW campaign has been launched to ensure girls receive a vaccination that cuts the risk of developing cervical cancer.

Cambridgeshire Community Services' public health team is encouraging teenage girls to attend a human papilloma virus (HPV) vaccination clinic.

The initiative, launched last week, runs until July, 2010.

It will target girls born between September 1, 1991 and August 31, 1993 who do not attend school or college.

The campaign builds on a wider HPV vaccination programme launched last September which has seen more than 90 per cent of Year 8 girls across Cambridgeshire receiving the three-dose vaccination.

For those who are not at school or college, the HPV vaccination is available at drop-in clinics at GP surgeries and medical centres in Cambridge, Littleport, St Neots, Huntingdon, Yaxley, Ramsey and March.

Appointments are not necessary.

Hazel Neale, HPV immunisation nurse co-ordinator, said: "Cervical screening is vital because vaccination will take several years to reduce cervical cancer.

"We are especially trying to reach out to girls not in education and have strategically placed posters showing dates and venues in shops and businesses."

For more information, contact Louise Breckney on (01353) 8655467 or Jackie Deverell on (01353) 8655578.

Hospital radio volunteers to present special broadcast for patients

VOLUNTEERS at Radio Addenbrooke's will raise awareness and funds with a 12-hour broadcast.

Lesley Gunn and Rosie Howell will present a day of entertainment from 8am-8pm on Friday, September 19, for patients of Addenbrooke's and the Rosie Maternity Hospital.

Music will cover all tastes – from classical, jazz and country to pop music from the 60s through to the present day.

There will also be chats with singer/songwriter Jon Allen and poet Jude Simpson.

The special broadcast is aimed at raising the profile of the radio station and raising money for new equipment. Members of the public can request music for patients on (01223) 217181 at any time. To donate, go to *www.justgiving.com/radio-addenbrookes.*

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Bubbly way to launch centenary

HUNDREDS of girls blew bubbles and learned circus skills to celebrate Girlguiding UK's centenary year.

More than 1,500 members of Girlguiding Cambridgeshire East met in Cambridge on Saturday for the "Guideopoly" Challenge.

Teams of Brownies and Guides worked their way around the city and completed a challenge at various checkpoint stations.

On Parker's Piece, they made giant bubbles while in New Square they practised circus skills. Christ's Pieces was the venue for parachute games while the activity in Market Square was balloon modelling.

Girlguiding Cambridgeshire spokeswoman Jess Bond said: "This was the beginning of our centenary year and it started with a bang.

"It was fantastic to have so many Girl Guides out and about in the city centre as it reminds people how the movement is still thriving in Cambridgeshire."

Girlguiding UK has more than 7,000 girl members in Cambridgeshire, supported by around 1,300 adult volunteers.

And the future for the start of the next century looks secure – there are more than 700 girls currently waiting to join a Guiding group in Cambridgeshire.

Contact Girlguiding Cambridgeshire East on (01223) 813917 or visit *www.girlguiding.org.uk*

Fun day: Lois Weaver, 10, from the 1st Burwell Brownies, enjoys the Girls Guides centenary celebrations. Picture: Richard Patterson 591978

Cyclists set to pedal between churches

CHURCHES in Newmarket and Mildenhall will be among those open for the 28th Suffolk Historic Churches Trust Bike Ride on Saturday.

The ride, which involves cyclists visiting as many churches as they can between 9am and 5pm, raised more than £173,000 last year. Proceeds are divided between the trust, for use across the county, and a church or chapel nominated by the rider. Walkers and wheelchair users can also take part.

A total of 730 churches will be open where cyclists can have their sponsorship forms signed and churches in adjoining counties can also be visited.

Drivers facing purge by police

BY JO DEEKS

Email: editorial@newmarketweeklynews.co.uk

SPEEDING motorists and those not wearing seatbelts will pay the price as Suffolk police run a week-long enforcement campaign.

The purge is co-ordinated by Tispol, the European Traffic Police Network, and will continue until Sunday.

During this time Suffolk officers will be carrying out increased checks and enforcement throughout the county.

The chances of being caught for speeding and seatbelt offences will be greatly increased.

By law, everyone travelling in a car or a goods vehicle, where seatbelts are fitted, must wear appropriate restraints. Children must also have the correct type of protection.

Motorists and passengers caught not wearing seatbelts will be issued with fixed penalty notices.

Motorists caught speeding will also face a fixed penalty notice with the addition of three points on their licence. Certain offences could see drivers taken to court where they could face larger fines and be disqualified from driving.

Although Suffolk Constabulary regularly carries out these checks and remains committed to making the county's roads safer throughout the year, the week-long campaign aims to highlight the issues through education and enforcement.

Chief Inspector Mike Bacon, of Suffolk's Roads Policing Unit, said: "Safety on Suffolk's roads is a priority all year round but this campaign is a chance to reinforce some key messages. We want drivers to realise that speeding and seatbelt offences are some of the main causation factors of fatal and serious-injury collisions.

"Driving at excessive speed is a contributory factor in a great number of collisions. When driving you can be met by something unexpected at any moment and, while a collision may be unavoidable, you can greatly reduce the chances of doing serious harm if you are travelling at the speed limit designated for the road you're travelling on.

"It's a minority of drivers who feel they are above the law and it's these motorists we will be targeting."

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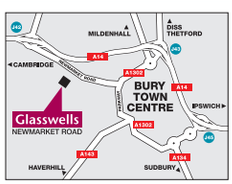

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The King's School, Ely Open Morning

Come to our Open Morning

King's School date set for September 19

AS students settle into the new term at the King's School, Ely, staff are looking forward to welcoming prospective families to the open morning on Saturday, September 19.

King's is renowned for getting the best from pupils from a broad range of abilities and the strong tradition of pastoral care appeals to parents who want their children to obtain an excellent academic education in a friendly community that recognizes each pupil's individual needs.

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Head of the King's School, Ely, Sue Freestone says: "In handing over your children to a school such as King's, parents are asking us not only to educate and inspire their children but are expecting us to provide and maintain a culture of integrity and trust in which childhood and youth are honoured and valued; where the strengths of their son or daughter will be developed and celebrated."

The spirit of King's is defined by the dedication of its staff and by the courage and commitment of the pupils. The staff strongly believe that education at the school is not a preparation for life – it is life and that every day is an opportunity to be embraced.

Each pupil is an individual to be nurtured and inspired and the school respects and responds to each pupil's preferred learning style. The equivalent of a whole working day a week is devoted to creative and performing arts, sport and the school's unique outdoor pursuits programme, the Ely Scheme.

Opportunity: King's School is nationally known for its superb education and pastoral care.

The staff and pupils look forward to welcoming you to the open morning and introducing you to a school with its feet planted in a long tradition and its eyes on the future and the stars. The open morning will take place from 9am-12pm. All sections of the school will be open and there will be a reception marquee in Barton Square.

For more information please call the school on (01353) 660700.

Training: Thanks to school's outdoor pursuits programme.

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After years of darkness, radio show brings light to Oliver's life

BY ALICE RYAN
Email: editorial@newmarketweeklynews.co.uk

PERCHED on a wall, sitting in a shaft of late afternoon sun, Oliver Longden is in a reflective frame of mind. The 30-year-old is, he says, in a good place at the moment: he's got great friends, he enjoys his job, he's studying for a second degree . . .

"If someone had told me three years ago that I'd be here now, living the life I'm living now, I'd have laughed bitterly and ordered another drink," Oliver admits, with a wry smile. "Life is really, really good; better than I could have ever imagined, to be honest."

To meet Oliver now – a witty, engaging and fiercely bright man – it seems incredible that, those three short years ago, he was literally crippled by depression.

Some days he couldn't get out of bed, let alone leave the house. Drinking heavily, he suffered terrifying bouts of psychosis. And he repeatedly tried to take his own life.

"There was a time when I thought it hadn't been a good week unless I'd been down to hospital to get stitched up in some way," Oliver continues, giving a dry laugh.

Pulling up a sleeve, to reveal a forearm cross-hatched with scars, he explains: "I used to self-harm a lot; I once tried to count how many scars I've got and I couldn't . . . and I've got plenty of suicide attempts to my name.

"At the time, I would never have believed it – but I know now that recovery is possible."

Oliver credits many things with aiding his recovery, including both medication and therapy. But he says one thing, in particular, was key: becoming part of the 209 radio show *Making Mental Notes*.

A live hour-long show, which airs once a month, it is written, produced and presented by local people who are suffering, or have suffered, from mental ill-health. The brainchild of two Cambridge organisations, Arts and Minds and Lifecraft, it gives people with mental health problems a voice.

"When I joined the team I was still in the process of recovering from this illness, an illness which had dominated my life for 10 years," says Oliver. "And I found it an overwhelmingly positive experience.

"What I really needed was a bit of confidence. And doing the radio show, rising to the demands of doing it, gave me that confidence. I realised I was able to do something really useful, of value to the community, and that helped me move forward."

Oliver was diagnosed with depression in his late teens. He first showed symptoms while studying for his A- levels; by the time he reached university, his mental health was on a downward slide.

"A bit like any other traumatic experience, it's very difficult to remember exactly what happened," says Oliver. "I was very introspective and spent a lot of time on my own and, as I got older, my morbid and introspective streak grew wider and wider . . .

"The depression became more serious again after I graduated: I was living what could politely be termed a Bukowski-esque life, a life of menial jobs, misery and heavy drinking."

First prescribed anti-depressants at the age of 18, by 25 Oliver says he'd "had pretty much every one available". But still his mental health was up

Dark memories: Oliver Longden credits many things with aiding recovery from mental illness, including a radio show. Pictures: Warren Gunn 587315

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On air: Oliver at work in the 209 radio studio for the programme *Making Mental Notes*. 587323.

and down: on the ups, Oliver could "function enough to be useful and hold down a job"; on the downs he "stayed in bed for days at a time".

The situation came to a head when, in 2006, Oliver plummeted to a whole new depth of depression: still self-harming and having suicidal thoughts, he started to suffer from bouts of severe psychosis.

"I'd find it difficult to leave the house because an all-pervading evil seemed to be in the atmosphere," he explains. "On one memorable occasion I was chased down the street by a balloon I was convinced was the grim reaper – I didn't leave the house for two days after that. By the end of 2006 I was totally incapable of functioning in any way."

Thanks to Cameo, the NHS early intervention service (aimed at 17 to 35-year-olds suffering from psychosis for the first time), Oliver was referred for treatment, a combination of medication and intensive therapy.

"The tablets are very poorly understood by the average person," says Oliver. "They worked for me; they allowed me to function. The way I see it, it's just like any other illness: if you have a headache, you take an aspirin."

As well as doing a range of therapy, including cognitive behavioural work, Oliver quit drinking and started to attend Alcoholics Anonymous. "I was drinking far, far too heavily," he says, simply. "I made a whole raft of life-changes. And it wasn't that long before I started to see results."

Initially, Oliver was too ill to work. But, as he gradually began to recover, he started doing voluntary jobs – which led him to join the team behind *Making Mental Notes*, a programme which includes everything from film and book reviews to mental health news.

As a writer, researcher and presenter, Oliver took part in the first season of the show, which came to an end this summer; a second season is planned for later this year. "It takes passion and commitment and quite a lot of time," admits Oliver. "But it is absolutely worth it; I learned so many new skills."

Making Mental Notes costs around £3,500 a year to run. Designed to appeal to members of the general public, as well as people who are part of the mental health system, part of the show's brief is to debunk some of the myths surrounding mental illness.

"There is definitely still a stigma," admits Oliver. "We went out to do some street-based interviews and one of the questions we asked was how you'd feel if someone with a mental health diagnosis moved in next door.

"One woman said 'I really wouldn't be happy'; when we asked why, she said 'Because I've got children'. All that really shows is that she hadn't ever thought about mental health or what it means to have a mental illness. She just thought of it as something bad, something she'd need to protect her children from."

Although *Making Mental Notes* is funded by a range of organisations, Arts and Minds and Lifecraft have spearheaded the project.

Arts and Minds, the working title of the Cambridgeshire and Peterborough Foundation for the Arts and Mental Health, promotes access to all forms of the arts for mental health service users (research shows that participating in the arts is good for mental well-being).

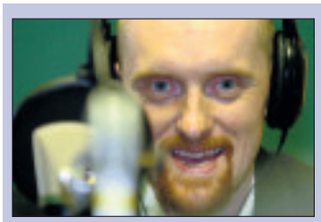
Lifecraft is a self-help organisation. Run by users and ex-users of mental health services in and around Cambridge, it provides social contact, weekly group activities and support, counselling, information and opportunities for work.

Since working on *Making Mental Notes*, Oliver has got a new job with the library service in Cambridge. For a self-confessed bookworm, who demolishes several novels a week, it's clearly a happy fit. He is also part-way through doing a second degree, this time with the OU, in history and psychology.

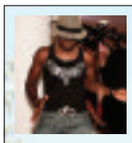
"When people said positive things to me, like 'You can get better', I always heard it as 'You could be better. So why the hell aren't you?'," says Oliver. "It's hard to say anything to someone who's mentally ill and really suffering without sounding patronising.

"But what I would say is that there is help out there. And I would also encourage anyone with mental health problems to try to get involved with something in the local community – something like *Making Mental Notes*.

"It's hard. To start with, it's really, really hard. But it genuinely does help."



The team behind *Making Mental Notes* is looking for new members. If you've had direct experience of mental health issues and are looking for a volunteering opportunity, you could apply. There will be an open meeting at 209 radio, based at Citylife House on Sturton Street, Cambridge, on Monday, September 21 between 2pm and 4pm. For more information email *makingmentalnotes@209radio.co.uk* or call (01223) 566957.



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It's back to the Swinging 60s

TOWN council staff dressed up 1960s-style to promote a concert featuring music from the period.
Erika Jensen, assistant to the town clerk, and Kay Dawson, the council's events manager, hired outfits to tour the town, including the Guineas shopping centre, to promote Saturday's show by tribute act Big Hair.
The trio, of two women and a man, perform hits from the 60s, 70s and 80s with outfits matching the period.
The concert, at the Memorial Hall in the High Street, has been organised by the town council in place of the Battle of the Bands contest, which is not taking place this year.
Tickets are £6 and are available from the town council office on (01638) 667227.

Clothes show: helping to promote the concert are Kay Dawson, right, town council events manager, with Erika Jensen, assistant town clerk. CP

New look at service

CAMBRIDGESHIRE'S services for people with alcohol problems are set for a shake-up.

NHS Cambridgeshire is set to launch a consultation on the way that specialist health services are provided to people with alcohol misuse problems. The consultation is due to finish on November 13.

The trust says it is reviewing the way these specialist services are provided.

Visit *www.cambridgeshire.nhs.uk* or email *claire.warner@cambridgeshirepct.nhs.uk*

'Bag' find shoots down UFO theory

BY JOHN GOODE

Email: editorial@newmarketweeklynews.co.uk

A PENSIONER believes he has an explanation for reports of mysterious lights in the sky after a "UFO" crashed in his garden.

The man in his 80s found the "object" – a large lantern made of fabric and wire – in his garden in Ness Road, Burwell, about three weeks ago – around the time that sightings of up to seven orange lights were reported by a Newmarket resident.

Following a report in the *Weekly News* about the sightings, other people also said they had seen the lights. One man, who was sweeping up outside the Waggon and Horses pub in the High Street, said he saw the lights "swirling" just after midnight on Saturday, August 15.

But now it appears there could be a logical explanation.

The Burwell resident, who did not want to be identified, said: "I looked out of my window in the morning and saw what I thought was a big plastic bag in the garden.

"But when I picked it up it was some sort of fabric around a wire with a place for two thin candles," he said.

"There were no little green men.

"I think it was just a prank which could have gone wrong if it had landed in a cornfield or on a thatched roof and started a fire.

"I just want people to know it's not something from outer space and it's nothing to be frightened about."

Earlier this year a sighting in the Huntingdon area of lights in the sky was explained as Chinese lanterns which had been released.

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Invitation to be sponsor

BUSINESSES are being invited to sponsor employees to play in a charity football match against stars of a television soap.

Actors from Channel 4's Hollyoaks series are due to play a Newmarket XI at Newmarket Town football ground on Saturday, October 31.

The match will raise money for Newmarket-based Racing Welfare and the Hollyoaks Imagine charity.

Howard Jones, Newmarket Town's commercial manager, said: "We would like companies to sponsor an employee to play in the match to help raise more money for the charities."

Businesses wanting to learn more about the sponsorship opportunities should call him on (01359) 270733 or 07909 965211.

Volunteering can be fun and provide experience

In this month's column, Jane Carter, from The Voluntary Network, appeals for more people to help the organisation

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Hello again and I hope you have all had an enjoyable summer, however it was spent.

It's time now for the evenings to start drawing in, children to go back to school and probably for the shops to start to fill their shelves with goods ready for Christmas – sorry, but it's true!

On that note, there are two points to be made.

If children (or grandchildren!) are now back to school, you could consider using just a couple of hours a week to find a volunteer role.

It may be something that you will enjoy doing for yourself and meet new people.

However, it will also be something that will really benefit other people in lots of different ways.

There are such a variety of volunteer roles available that there is usually something for everyone, whatever your age or interest.

And speaking of Christmas – we have a new volunteer opportunity available.

Cards for Good Causes are looking for sales assistants with whatever time you can spare in the week to help them sell Christmas cards, etc, in the run-up to Christmas, based at The Stables in Newmarket.

Any hours you could offer, morning or afternoon, between Monday and Saturday would be greatly appreciated.

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WEEKLY NEWS THE GUIDE

- Singers pay tribute to Novello – Page 20
- What's showing on the big screen – Page 20
- All the weekend's TV viewing at a glance – Page 21

McGough's pen to bring house down

ROGER McGough is a man of many parts. Poet, performer, pop star and playwright, he has always been an enthusiastic populariser of the arts.

Both as one third of the poetic trio whose work appeared in the best-selling *The Mersey Sound* and as the genial host of BBC Radio Four's *Poetry Please*, McGough has devoted a large part of his creative life to taking the po face out of poetry. But even such a Renaissance Man as McGough is happy to add a few new skills to his portfolio of talents. Take his latest incarnation as a lively and inspired adaptor of the 17th century comedies of the French dramatist Molière.

In 2008, he tackled *Tartuffe*, Molière's biting attack on religious hypocrisy and now McGough has turned his attention to *The Hypochondriac*, in which Molière ridicules the pretensions of the medical profession and mocks the health-obsessed dupe whom they exploit.

Yet for all his proven success in so many different fields, McGough is a modest man who invariably doubts his own credentials when given a new challenge. "I'm always inclined to say no at first." Such was his response when Gemma Bodinetz, artistic director for the Liverpool Everyman and Playhouse, rang him with an intriguing offer.

"Gemma said that she'd like me to do something for Liverpool's impending Year of Culture and that she was thinking of directing a production of *Tartuffe* and did I know the play? Initially I rather dismissed the idea. I was rather hoping that she might be interested in one of my own plays that hadn't seen the light of day for some time and so I sent her a copy of *Summer With Monika*. But Gemma ignored all this and asked me again if I were interested in adapting *Tartuffe*. I'd read French at university and so I had come across Molière without really knowing his work.

"So I agreed to take several existing versions of the play with me when I went on a Saga cruise as a kind of writer in captivity. I couldn't think of an excuse not to do it and since I'd only be required to do two hour-long shows in the two weeks of the cruise, I knew that I'd have time on my hands. So I gradually got into the task."

McGough downplays his own dramatic skills.

"I've never felt that I've really cracked the business of writing plays." he confesses. "Everyone says witty things in my work for the stage and so all the characters tend to sound the same.

"Often what I've written for the theatre or the screen has had touches of surrealism as in *The Commission* which I wrote for Peter James at the Everyman in 1967. It was about a man who'd been commissioned to write a play but who is unable to finish it. This was the type of work I was doing just as playwrights such as Alan Bleasdale and Willy Russell were beginning to write about the Liverpool working classes and so I missed out completely on that school."

But he found Molière a very congenial writing partner.

"He supplied the plot and the cast of characters and as I started to work on the version, I surprised myself by how quick I was in coming up with the lines."

Tartuffe turned out to be one of the biggest successes of the City of Culture theatre programme and naturally Gemma Bodinetz was keen to have another sip of the unique blend of Molière and McGough. But which play was it to be?

Ageing humorously: left, Roger McGough. Above and inset, scenes from *The Hypochondriac*.

Pictures: Leila Romaya, Paul McCann, Robert Day.

"I looked at *The School For Wives* and at *The Hypochondriac* which I felt at first was too scatological for me. However, once again it was time for the Saga cruise and once again I took a number of previous versions of a Molière play with me. Again I was initially a bit dubious.

"In the original, there are a number of interludes which were clearly designed to please the king: the story would mark time while the speciality acts came on and did their stuff. I wondered how I could get round this problem. I knew I'd eventually have to be brave and cut all this extraneous material. Once again, once I'd started, it came very easily. When I eventually looked at the original version, I saw immediately Molière hadn't written it in verse. Had I known this, I'd have probably stuck to prose as well. But this time around I was more sure of myself and I felt able to add a few jokes of my own. And if Molière had brought the house down when the play was first performed in 1673, then I wanted to do the same for him in 2009."

Compared with the limited knowledge of a 17th century doctor, today's medical practitioner is infinitely more skilled and is able to cure us of diseases which would have proved fatal in Molière's day.

Nevertheless there are distinct parallels between Molière's era and our own.

Despite its French origins, *The Hypochondriac* is full of traditional British lavatory humour, although, as McGough points out, it may be traditional Gallic lavatory humour as well.

"There isn't anything lavatorial in my version that I haven't taken from Molière's original," he protests.

Now in his early 70s, McGough is still very much a welcome presence on the poetry-reading circuit.

"At the moment I have a new book of poetry, *That Awkward Age*, to read from but perhaps I'll stop going on the road when there are no new poems to introduce.

"I've written about the ageing process and now people come up to me after the event and they thank me for sharing my vulnerability with them and for sharing with them the pain of growing old with such humour."

The Hypochondriac, Cambridge Arts Theatre, September 16-19 at 7.45pm (Thurs/Sat mats 2.30pm). Tickets £10-27. Contact: (01223) 503333 / *www.cambridgearts theatre.com*

Leisure or events news? **email paul.kirkley@cambridge-news.co.uk call (01223) 434448**

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How to keep pesky lawn bugs at bay

While it is good to encourage wildlife into our gardens, there are some insects and animals which will play havoc with our lawns this autumn.

by Hannah Stephenson

Major pests which can transform a lawn from stunning to shabby in a matter of months include leatherjackets, better known in their adult form as daddy longlegs (or craneflies).

The adult cranefly lays its eggs in autumn, and the larvae can devour a lawn over the winter months, leaving a patchy and unsightly mess by summer.

The recent milder winters have exaggerated the problem, allowing a longer feeding period for the leatherjackets. Tell-tale signs of an infestation begin to show in spring, when you will notice bald patches and white grass on the lawn.

As with most things, prevention is better than cure. To avoid this occurring the lawn should be treated in autumn, when the earth is still warm and moist.

The most environmentally-friendly method is a biological remedy known as a nematode, which reacts best under these conditions, according to lawn-care specialists TruGreen (*www.tru green.co.uk*)

Lawn enthusiasts may see other creatures such as worms and ants as pests. But while worm casts may drive some gardeners mad, remember that they are conditioning and aerating the soil under the lawn roots, so just brush the casts away on a dry morning.

Ant-hills may also appear on your lawn, but ants provide food for green woodpeckers, so again just brush them away if they're annoying you.

Brown patches caused by bitch urine are another problem. The only answer is to provide the animal with her own toilet area. Male dog urine doesn't scorch. If you see it happening, throw a bucket of water over the affected area or go over it thoroughly with the hosepipe to stop the grass scorching.

Chafer grubs gnaw at the grass roots in spring and summer, leaving small brown patches of grass. They often appear in sandy areas, but they aren't as troublesome as leatherjackets, and control measures aren't often needed. Use a roller in spring to crush the grubs.

Moles are one of the main nuisances to lawn enthusiasts, destroying the even surface of the grass as hills pop up all over the place. Some people throw mothballs down the holes to discourage them, others use paraffin, burning paper, creosote or emulsified castor oil. There are a number of deterrents on the market ranging from solar devices, which deter them by sonic vibration, to plain old traps.

If you can't get rid of them, collect up the mole-hill earth to use as a lawn-top dressing.

Birds will not generally damage an established lawn, but they can be a nuisance on newly-seeded areas as they use the seed bed as a dust bath. To avoid part of the problem, try to get rid of the underground grubs such as leatherjackets which attract them.

Once you have seeded the lawn, stretch fruit netting taut between pegs 10cm above the ground over the newly-seeded area.

One type of bee, the mining bee, makes its nest under lawns and paths, leaving a small conical mound of earth on the surface, but this can simply be scattered before mowing and doesn't need drastic action.

BEST OF THE BUNCH

Callicarpa (Beauty berry)

The beauty of this deciduous shrub is seen in the autumn when the leaves have turned red or violet. When they fall, they reveal beautiful purple berries on bare stems, which last until Christmas.

Among the best is C bodinieri var giraldii 'Profusion', which grows to around three metres and produces pale pink flowers in midsummer before its leaves turn red, coinciding with clusters of shining, bright violet berries.

A smaller, more delicate variety is C japonica, which reaches about 1m in height and produces pink flowers and violet berries.

Callicarpa are happiest in full sunshine or light, dappled shade, in well-drained, fertile soil. They are best planted in groups to ensure that berries are formed.

GOOD ENOUGH TO EAT

Basil

It's a bit of a tricky one because it likes a warm climate and protection from bad weather, but if you love the delicious flavour, it's worth persevering.

Basil seeds are also expensive, so you might take a leaf out of TV gardener Joe Swift's latest book and buy a pot of live basil from a supermarket in late spring, knock out the contents and divide the clumps of seedlings into individual plants.

Joe grew his outside on his allotment. He gave the pot a good watering, knocked out the contents and divided the clumps, planting them around 15cm apart, watered them again and waited.

"I got a few complaints, mainly from plant centres and herb specialists saying I couldn't do what I'd just done. They said the plants would fail," he says.

"Despite an abysmal month of weather, the plants not only survived but positively thrived. I was cutting fresh basil for weeks."

If you split the plant, plant it in well-drained soil and protect it with a cloche, it should be okay.

Basil hates frost, so any sowings will need to be indoors on a sunny windowsill until May or June.

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Cambridge News

Saturday & Sunday September 12th & 13th
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THE GUIDE | MUSIC | THEATRE | SCREEN

Aries

You long to break free of a demanding job, if only to get a little more free time. Unfortunately, you need the work more than you need a break. Keep your shoulder to the wheel. There will be time to relax later in the year.

To hear more call 0905 232 6857

Taurus

A lack of romantic opportunities is making you blue. You're the type who lives for love. When it's not readily available, you start to wilt. Instead of dwelling on your disappointment, find a creative outlet.

To hear more call 0905 232 6857

Gemini

An old-fashioned friend or relative seems determined to quench your spirit. You want to take a risky career course, but they keep talking about financial security. It's all well and good to pursue your dreams, but it helps to have a back-up plan.

To hear more call 0905 232 6857

Cancer

All the will in the world can't help you master a complicated skill. It looks as though you'll have to call a professional. Although you hate spending money on work you could do yourself, do it anyway. You've got better things to do with your time.

To hear more call 0905 232 6857

Leo

Financial setbacks are cutting into your personal life. It's hard to relax and enjoy yourself when you're constantly worried about paying bills. You need to get comfortable with living in reduced circumstances.

To hear more call 0905 232 6857

Virgo

Uncertainty is putting a damper on a relationship. You're deeply attracted to a free spirit, but can't help but worry over their irresponsible behaviour. You need to let them follow their impulses or your attentions will get claustrophobic.

To hear more call 0905 232 6057

Libra

Is fear of being alone making you put up with an unhealthy situation? If you're in a stressful job or abusive relationship, you owe it to yourself to break free. Yes, this will involve a period of uncertainty, but that's better than staying where you are.

To hear more call 0905 232 6857

Scorpio

An older friend may not approve of your plans. Trying to win their approval really gets on your nerves because you have very different styles, especially when it comes to romance. Be willing to stand by your decisions.

To hear more call 0905 232 6857

Sagittarius

Career responsibilities stop you saying what you really feel. This is difficult, as you value honesty. Still, there are others who rely on your discretion. Lashing out at an ill-tempered customer or client could result in people losing their jobs.

To hear more call 0905 232 6857

Capricorn

The old ways are not necessarily best, but your boss can't see it. You could be forced to work with out-moded machinery or antiquated systems. This really bothers you, as you know a quicker, easier way to get things done.

To hear more call 0905 232 6857

Aquarius

Your love life has seen better days. You have distinctly different values than those of your partner. The two of you need to work to find common ground. If you're single, you need to start hanging out at places centred around your favourite activities.

To hear more call 0905 232 6057

Pisces

The pressures of an intimate relationship may be too much to bear. You'd rather spread your wings and fly than stay where you are under a cloud of emotional anxiety. Unfortunately, it looks as though your amour will take the news hard.

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Casting call for panto players

PANTO season may seem like a little glimmer in the far-off distance, but Cambridge Arts Theatre is raring to go.

The Arts is holding an open audition day on Sunday from 10.30am to 5pm, to find 20 panto babes aged 6 to 13 to feature in this year's pantomime, *Dick Whittington and His Cat*, alongside a cast of professional actors.

There are limited places available for audition day, which will comprise workshops, auditions, and performances in front of a panel of judges, to include choreographer Scott Richie, director Brad Fitt and producer and chief executive of the Arts Theatre, Dave Murphy.

Shortlist hopefuls will be called back for a recall audition the following weekend.

Children wanting to audition must be registered in advance – the cost is £5 to spend the day at the audition workshop. To register, contact the box office on (01223) 503333, and please be aware children and parents must be able to stay for the duration of the day.

Dick Whittington and His Cat will be on from December 10 to January 17.

Broken Family calls it a day

STOP Eject has released a single ahead of their album release next year.

The Retirement of Intelsat 3R/I Am A Social Network, is said to reflect "many enjoyable hours spent in the recording studios" and highlights the band's infusion of indie, progressive and experimental sounds.

Another band with its roots in Cambridge, Ghostlight, recently released its digital single, *Breathing Underwater*.

Al White, on vocals, started the band in 2007 and has since drifted around the country, picking up new band members.

There is to be a final release for a Cambridge band that has been performing for eight years. The Broken Family Band is to split following its UK tour in October, but will be releasing its final digital single, *Cinema Vs House*, on October 19.

The band said: "We've had a fantastic time together, and we're all friends so we haven't ruled out doing stuff together in the future."

Fun at the Fitz for parents and youngsters

A NEW programme of events, launched this month at the Fitzwilliam Museum, aims to encourage families with children of all ages to visit the museum, see some of its vast collection and also have some fun.

Founded in the early 1800s, the Cambridge museum is home to thousands of objects – including a huge art collection – which span a vast period in history, from Ancient Egypt to the present day.

As part of Fitz Families, an initiative sponsored by Cambridge University Press, children and their parents or carers are invited to drop in on the first Saturday of every month when, between 2pm and 4pm, they can pick up drawing materials, activity sheets and trails from the museum's welcome point. Entry to the museum is free, and so are the Family First Saturday activities.

For more information, visit *www.fitzmuseum.cam.ac.uk*

Singers keep Ivor's home fires burning

REVIEW: JANCIS HARVEY

ST MARY'S Church in Newmarket was fairly packed for *A Musical Evening of Ivor Novello*.

The idea of this concert was conceived by Hilda Noble and it proved to be a most entertaining, refreshing and informative evening.

Ivor Novello, born David Ivor Davies in 1893 in Cardiff, composed more than 250 songs and wrote some elaborate romantic musicals, starring in six of these.

His music did much to lift the spirits of his countrymen during the dark days of both World Wars and the bleak periods which followed. He died on March 6, 1951, in his London flat above the Strand Theatre just four hours after performing in his own production of *Kings Rhapsody.*

With Mark Rodman as pianist, ably assisted by Liz Hardy, the concert opened with one of the most popular of Novello's songs, *Keep the Home Fires Burning*.

Jill Mansell, led both company and audience, with great patriotic flare, complete with Union Jack. Jill has a great stage presence with, as always, that extra sparkle and gave some great performances during the evening.

Anne Holman-Chappell provided the narrations between songs, with a clarity and manner superbly apt for this style of musical presentation.

Janet Rodman and Pam Larner's, *Glamorous Night,* was followed by *Shine Through My Dreams* by Fr John Hardy.

Songs from Novello: performers from the concert at St Mary's. CP

It has to be said that one or two of Novello's numbers, though having beautiful melodies and lyrics, must be a nightmare to learn, and the whole cast worked brilliantly with these complicated lines.

Jill cleverly handled, *Land That Might Have Been,* which is one such number.

It was an added bonus that each member of the audience had a souvenir programme containing the lyrics for every song.

Eric Murfitt gave a most entertaining interlude with *Her Mother Came Too*.

Though a packed programme, the company working together so well, and part of its beauty was its brevity, and though over almost too soon, it contained some of the most memorable of the genius of Novello.

These included *Rose of England*, *Waltz Of My Heart* and a brilliant performance by Janet Rodman of *I Can Give You The Starlight* and *Love Is My Reason*.

The favourites, *My Dearest Dear* and *Some Day My Heart Will Awake* were beautifully rendered by Pam Larner, and it was interesting to watch this company of just five singers blossom throughout this all too short presentation.

Anne Holman-Chappell's closing words: "we shall never see his like again", led into the finale number, *We'll Gather Lilacs*, which was a virtual show stopper.

For an encore, the evening ended as it began with an anthemic rendition, led again by Jill Mansell, of *Keep The Home Fires Burning*.

The concert, held on Thursday, August 27, as well as being most enjoyable, raised more than £800 for St Mary's Church.

Cinema

CAMBRIDGE CINEWORLD
0871 200 2000
Times from Friday, September 11, until Thursday, September 17.

John Carpenter's The Thing (18): Tue 2.30pm, 4.45pm, 7pm, 9.15pm.
Gamer (18): Wed & Thu 2.45pm, 5pm, 7.15pm, 9.30pm.
Sorority Row (15): Daily 2.20pm, 4.40pm, 7pm, 9.20pm; Sat & Sun 12.15pm.
Dorian Gray (15): Daily 1.10pm, 3.40pm, 6.10pm, 8.40pm; Sat & Sun 10.40am.
Julie & Julia (12A): Daily 3pm, 5.50pm, 8.30pm; Sat & Sun 12.20pm.
Whiteout (15): Daily 2pm, 4.20pm, 6.40pm, 9pm.
District 9 (15): Daily 1.30pm, 4.10pm, 6.50pm, 9.30pm; Sat & Sun 10.50am.
(500) Days Of Summer (12A): Daily 2.10pm, 4.30pm, 7pm, 9.10pm.
The Final Destination 3D (15): Daily 1.50pm, 3.45pm, 5.45pm, 7.45pm, 9.45pm; Daily except Tue 6.45pm, 8.45pm; Daily except Sat, Sun & Tue 2.50pm; Sat & Sun 11.55am.
Funny People (15): Daily except Wed & Thu 5.20pm.
Broken Embraces (Subtitled) (15): Mon & Tue 2.10pm.
Inglourious Basterds (18): Daily except Mon, Wed & Thu 8.30pm; Fri & Sat 2.10pm.
Aliens In The Attic (PG): Sat & Sun 11.20am.
G-Force 3D (PG): Daily except Tue 4.50pm; Sat & Sun 12.40pm.
Harry Potter And The Half-Blood Prince (12A): Sat & Sun 11am.
Ice Age 3 - Dawn Of The Dinosaurs 3D (U): Sat & Sun 2.40pm; Sat 10.30am.
Ice Age 3 - Dawn Of The Dinosaurs (U): Sat & Sun 11.30am.
Kisaan (Subtitled) (15): Sun 2.15pm; Mon 8.30pm.
Tinkerbell And The Lost Treasure (U): Sat 10am.
Night At The Museum 2 (PG): Sat 10am.
Monsters Vs Aliens (PG): Sat 10am.

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Gamer (18): Wed & Thu 2.45pm, 5pm, 7.15pm, 9.30pm.
Sorority Row (15): Daily 2.20pm, 4.45pm, 7pm, 9.20pm.
Dorian Gray (15): Daily 3.45pm, 6.15pm, 8.45pm; Sat & Sun 10.40am, 1.10pm.
Julie & Julia (12A): Daily 3pm, 5.45pm, 8.30pm; Sat & Sun 12.20pm.
Whiteout (15): Daily 5.05pm, 7.20pm, 9.35pm; Daily except Sat & Sun 2.15pm.
District 9 (15): Daily 4pm, 6.30pm, 9pm; Sat & Sun 1.30pm.
(500) Days Of Summer (12A): Daily 4.20pm, 6.40pm, 8.50pm; Daily except Sat & Sun 2pm.
The Final Destination 3D (15): Daily except Tue 5.15pm, 7.15pm, 9.15pm; Daily except Tue & Thu 3.15pm.
Funny People (15): Daily except Wed & Thu 5.20pm.
Inglourious Basterds (18): Daily except Wed & Thu 2pm, 8.30pm.
Aliens In The Attic (PG): Sat & Sun 11.45am, 1.45pm.
G-Force 3D (PG): Sat & Sun 1.15pm; Sun 11am.
G-Force (PG): Sat & Sun noon, 2.15pm.
Harry Potter And The Half-Blood Prince (12A): Sat & Sun 11am.
Ice Age 3 - Dawn Of The Dinosaurs (U): Sat & Sun 12.10pm.
Tinkerbell And The Lost Treasure (U): Sat 10am.
Night At The Museum 2 (PG): Sat 10am.
Monsters Vs Aliens (PG): Sat 10am.

BURY ST EDMUNDS HOLLYWOOD FILM THEATRE
(01284) 754477
Times from Friday, September 11, until Thursday, September 17.

The Time Traveler's Wife (12A): Daily except Sun & Mon 7.30pm; Sat, Sun & Thu 2pm; Sat & Thu 5.10pm.
Coco Before Chanel (12A): Daily except Sun 7.30pm; Sat & Thu 5pm; Thu 2.15pm.
Aliens In The Attic (PG): Sat & Sun 2.15pm.

ELY THE MALTINGS
(01353) 616991
Times from Friday, September 11, until Thursday, September 17.

Harry Potter and The Half Blood Prince (12A): Sun 3pm; Thu 7.30pm.
Bruno: Snipped (15): Sun 7.30pm.

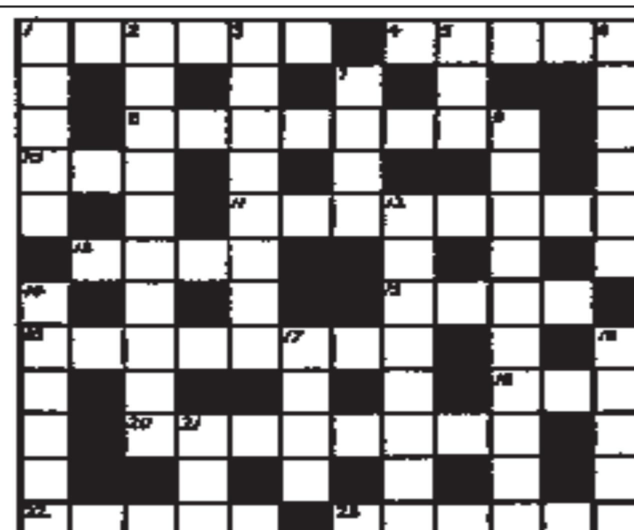
Crossword 2130

Across

1. Abandon the wastelands. (6)
4. Cut short long piece of writing on "Sliding Stones". (5)
8. Press one's hand-downs with strong self-control. (4,4)
10. Stick limb back on. (3)
11. Nasty virus (or v) overcome by him. (8)
13. Quite a Mayday ring to it. (2,2)
15. This ceremony sounds ok. (4)
16. Decorating is agony – can start to grumble. (8)
19. Boy wrote one article. (3)
20. Boss who's able to regulate supplies? (8)
22. Ask a lot of questions about cook. (5)
23. Had fun and quietly produced egg. (6)

Down

1. Up, for example, to be free with sad song. (5)
2. Not paid yet for alcohol maker spoiling one gown. (5,5)
3. Digs up and finds amongst the carrots? (5,3)
5. Officer's pass. (3)
6. The whole ten sorted out with annoyance. (6)
7. We're not precisely associated with a pitcher. (4)
9. Adore rearranged hit – try score noted in court. (4,6)
12. An excessively pure early spinet. (8)
14. Season well. (6)
17. Decorated by one comic, ultimately, with pressman. (4)
18. Sounds like wanting to work with dough. (5)
21. Oh I love, initially, to put on sun-block. (3)



Solution to 2129 – Across: 1 Pleased, 4 Dope, 6 Pattern, 9 Envied, 11 Erato, 12 Norman, 15 Outlet, 18 Helot, 19 Deepen, 21 Toronto, 23 Snap, 24 Setters. **Down:** 1 Pop record, 2 Extract, 3 Err, 4 Denver, 5 Pale, 7 Erode, 8 Neon, 10 Donations, 13 Other, 14 Melange, 16 Laptop, 17 Tent, 20 Eden 22 One.

SATURDAY

BBC1

6.00 Breakfast.
10.00 Saturday Kitchen.
11.30 Football Focus. Dan Walker and Mark Lawrenson review the week's action and look ahead to the opening group matches in the Champions League.
12.00 BBC News; Weather.
12.10 Formula 1: The Italian Grand Prix – Qualifying.
2.15 Murder, She Wrote. Jessica learns her old teacher has been killed after revising her will.
3.00 FILM: The Prince of Egypt (1998). Animated musical.
4.30 Final Score.
5.20 BBC News; Regional News; Weather.
5.40 My Family. With Ben away, Susan decides to take her mother to a cocktail night.
6.10 As Seen on TV.
6.40 Walk on the Wild Side. Comedy wildlife show.
7.10 Weakest Link.
8.00 The National Lottery Draws.
8.15 Casualty. Adam struggles to gain the team's confidence on his first day in charge when his efforts to motivate trainee doctors are met with derision. Continues tomorrow.
9.05 BBC Proms 2009. Clive Anderson introduces the spectacular finale from the Royal Albert Hall.
10.40 BBC News; Weather.
11.05 Match of the Day. Highlights of today's Premier League clashes.
12.25 The Football League Show.

BBC2

6.00 CBeebies: Me Too!
6.20 Balamory.
6.40 Bits and Bobs.
7.00 Dennis and Gnasher.
7.25 Sportsround.
7.40 What's New Scooby-Doo?
8.05 Wolverine and the X-Men.
8.30 Richard Hammond's Blast Lab.
9.00 Skate Nation.
10.00 My Almost Famous Family.
10.30 The Legend of Dick & Dom.
10.55 Diddy Dick & Dom.
11.00 The Story of Tracy Beaker.
11.30 Young Dracula.
12.00 BBC Switch: The 5.19 Show.
12.20 BBC Switch: Off the Hook.
12.50 BBC Switch: Chartjackers.
12.55 BBC Switch: Kyle XY. Kyle starts to realise the truth.
1.40 BBC Switch: Revealed.
2.00 The Sky at Night.
2.20 FILM: The Man from Laramie (1955). Western.
4.00 Sacred Music. The story of Thomas Tallis and William Byrd.
5.00 Lost Land of the Volcano.
6.00 Live Athletics.
7.30 BBC Proms 2009.
9.05 The Last Nazis. Efraim Zuroff launches a manhunt for one of the most notorious Nazi war criminals, Aribert Heim.
10.05 Have I Got a Bit More News for You. Satirical current affairs quiz.
10.45 Mock the Week.
11.15 FILM: Sin City (2005). Comic-book thriller, with Mickey Rourke.
1.10 FILM: The Legend (1993). Martial arts comedy, with Jet Li.

ITV

6.00 GMTV.
9.25 CITV: Horrid Henry.
9.40 Scratch 'n' Sniff's Den of Doom.
10.10 Art Attack.
10.35 Planet Sketch.
10.45 FILM: Treasure Island (1950). Disney adventure.
12.35 ITV News and Weather.
12.40 Who Wants to Be a Millionaire? Celebrity.
1.40 FILM: Agatha Christie's Dead Man's Folly (1986). Hercule Poirot investigates a case of foul play during a murder hunt game.
3.25 FILM: Overboard (1987). A spoilt heiress suffering from amnesia is taken in by a carpenter claiming to be her husband. Comedy.
5.30 News and Weather.
6.00 Britain Does the Funniest Things.
7.00 The X Factor. The judges give their verdicts on more solo singers and groups.
8.15 The Cube.
9.15 FILM: The Break-Up (2006). A thirtysomething couple's seemingly perfect relationship descends into a series of increasingly petty squabbles. Comedy drama, starring Jennifer Aniston and Vince Vaughn.
11.15 ITV News and Weather.
11.30 FILM: The Whole Nine Yards (2000). Comedy, starring Matthew Perry.
1.20 FILM: The Long Run (2000) Racial drama.

CHANNEL 4

6.05 Sali Mali.
6.10 The Hoobs.
7.00 World Sport.
7.30 Formula Ford Championship.
8.00 The Morning Line.
8.55 T4: Yo Gabba Gabba.
9.25 T4: Friends.
9.55 T4: JLS Love Jacko: Top 10.
11.00 T4: Friends.
11.30 T4: Pixie Lott Takes Off: T4 Special.
12.00 T4: Rockcorps 2009.
12.15 T4: Friends.
12.45 T4: Scrubs.
1.45 Channel 4 Racing.
4.00 Come Dine with Me Extra Portions. Four instalments of the culinary competition.
6.00 Previously on ER. Memorable moments from the 15 seasons of the medical drama series.
6.55 Channel 4 News.
7.25 ER. An extended edition to mark the last-ever episode of the long-running drama. Old friends return to show their support at the opening of a new medical facility for the underprivileged.
9.05 FILM: Take the Lead (2006). A former professional dancer volunteers to teach his skills to disruptive students in New York's public schools. Fact-based drama, starring Antonio Banderas and Rob Brown.
11.20 Big Brother's Big Mouth: The Reunion.
12.25 FILM: Pushing Tin (1999). Comedy drama, starring John Cusack.

five

6.00 Sunrise.
7.00 Angels of Jarm.
7.10 Ebb and Flo.
7.20 Elmo's World.
7.40 The Milkshake! Show.
8.05 Noddy in Toyland.
8.20 Adventures of Bottle Top Bill.
8.40 Rupert Bear.
8.55 Harry and His Bucket.
9.05 Olivia.
9.20 Little Princess.
9.35 Mr Men Minis.
9.40 Milkshake Monkey.
9.45 Mist: Sheepdog Tales.
10.00 The Grid.
10.30 NFL.
11.30 The Gadget Show.
12.30 FILM: The Great Mom Swap (1995). Family comedy.
2.20 FILM: Inside Out (1975). Comedy thriller.
4.15 Five News.
4.20 FILM: How the West Was Won (1962). Oscar-winning Western.
7.15 Cricket on Five.
8.00 NCIS. The team board an aircraft carrier to investigate the deaths of two crewmen.
9.00 CSI: Crime Scene Investigation. Langston faces a steep learning curve on his first day as a routine burglary call is interrupted by an explosion at a couple's home.
10.00 Law & Order: Special Victims Unit. An investigation into the near-fatal stabbing of a schoolboy leads the team to a female suspect.
11.00 The FBI Files.
12.00 Quiz Call.

BBC Proms
BBC2, Saturday, 7.30pm

Agatha Christie's Marple
ITV, Sunday, 8pm

ER
Channel Four, Saturday, 7.25pm

Law and Order: Special Victims Unit
five, Saturday, 10pm

SUNDAY

BBC1

6.00 Breakfast.
7.35 Match of the Day.
9.00 The Andrew Marr Show.
10.00 The Big Questions.
11.00 The Politics Show.
12.10 Formula 1: The Italian Grand Prix. Jake Humphrey presents coverage of the 13th race of the season, staged at the Autodromo Nazionale Monza.
3.20 EastEnders. Omnibus.
5.15 Songs of Praise.
5.50 BBC News; Regional News; Weather.
6.15 Land Girls. Five-part drama set during World War Two, following the lives and loves of four women who decide to serve their country by joining the Women's Land Army.
7.00 Countryfile. Matt Baker visits the New Forest.
8.00 Casualty. Amid the carnage of the explosion, Adam refuses to leave the shopping centre without Heather after they become separated.
9.00 Waking the Dead. Part one of two. The attempted suicide of a rape victim 12 years after her assault prompts Boyd to reopen her case, despite there being no new evidence.
10.00 BBC News; Weather.
10.20 FILM: Runaway Jury (2003) A woman sets in motion a multi-million dollar lawsuit against the manufacturer of the gun that was used to kill her husband. Thriller.
12.25 Sign Zone: Bang Goes the Theory.

BBC2

6.00 CBeebies: Me Too!
6.20 Balamory.
6.40 Bits and Bobs.
7.00 CBBC: Uncle Max.
7.15 ChuckleVision.
7.30 Da Dick and Dom Dairies.
8.00 Gimme a Break.
8.30 MI High.
9.00 Undercover Dads.
10.00 Something for the Weekend.
11.30 Animal Park: Wild on the West Coast.
12.30 Escape to the Country.
1.15 FILM: The Ipcress File (1965). Spy thriller, starring Michael Caine.
3.00 Boxing. The AIBA World Championships.
4.00 Triathlon. The Grand Final of the ITU World Championship Series.
5.30 Live Athletics. The World Athletics Final.
7.30 Porridge. Fletcher objects to having a third cellmate.
8.00 Last Chance to See.
9.00 Dragons' Den: On Tour. The business experts visit London.
10.00 Match of the Day 2. Highlights of today's Premier League fixtures.
10.50 Shooting Stars. Vic Reeves and Bob Mortimer present the comedy quiz.
11.20 FILM: JFK (1991). Oscar-winning drama about New Orleans district attorney Jim Garrison's quest to find out the truth behind President John F Kennedy's 1963 assassination.
2.20 BBC News.

ITV

6.00 GMTV.
9.25 CITV: Paz.
9.30 Supernormal.
9.45 Emu.
10.15 Tricky Quickies.
10.25 The Planet's Funniest Animals.
10.55 Coronation Street.
1.10 ITV News and Weather.
1.15 The X Factor.
2.30 FILM: Columbo: Candidate for Crime (1973). An ambitious senatorial candidate murders his own campaign manager.
4.30 Lewis. The lead actor in a student production is murdered halfway through the performance.
6.30 News and Weather.
7.00 Joanna Lumley: Catwoman.
8.00 Agatha Christie's Marple. Ever since a beautiful American woman arrived in the peaceful village of Wychwood-under-Ashe, people have begun to die in a series of what seem to be accidents. As the body count rises, Miss Marple digs a little deeper.
10.00 ITV News and Weather.
10.15 The Wagner Family: The South Bank Show.
11.15 The Unforgettable Tommy Cooper. Friends and colleagues share their memories of the much-loved comedian and magician.
11.45 Premiership Rugby Union. Highlights of the weekend's top-flight matches.
12.40 Champions League Weekly.

CHANNEL 4

6.05 The Hoobs.
6.30 Yo Gabba Gabba.
7.00 FIVB Beach Volleyball.
7.50 Rat Race Urban Adventure.
8.20 The Track and Field Show.
8.55 T4: Friends.
9.30 T4: Hollyoaks.
12.00 T4: 90210.
1.00 T4: The World's Greatest Pop Star: Contenders.
1.30 T4: The World's Greatest Pop Star: Michael Jackson. Tribute to the King of Pop.
2.35 T4: Friends. Joey loses Ross's wedding ring.
3.05 T4: Friends.
3.40 T4: The Simpsons. The family suffers from nightmares.
4.15 T4: The Simpsons.
4.45 Deal or No Deal. Game show, with Noel Edmonds.
5.30 Scrapheap Challenge. Water-powered machines.
6.30 Channel 4 News.
7.00 Atlantic Convoys: The War at Sea. Examining how Britain hoped its fortunes in the naval campaign would change after America entered World War Two.
8.00 FILM: X-Men: The Last Stand (2006). The mutant heroes return to face a battle on three fronts. The third instalment of the superhero saga.
10.00 FILM: Mad Hot Ballroom (2005). Documentary which follows the annual dancing contest held between diverse New York schools.
12.10 My Name Is Earl.

five

6.00 Sunrise.
7.00 Angels of Jarm.
7.05 Bop Box.
7.10 Ebb and Flo.
7.15 Elmo's World.
7.40 The Milkshake! Show.
8.05 Noddy in Toyland.
8.20 Adventures of Bottle Top Bill.
8.35 Rupert Bear.
8.55 Harry and His Bucket.
9.05 Olivia.
9.20 Little Princess.
9.35 Mr Men Minis.
9.40 Milkshake Monkey.
9.45 Mist: Sheepdog Tales.
10.00 Snobs.
10.30 Everybody Hates Chris.
11.00 Lemur Island.
11.50 Megastructures: Built from Disaster.
12.50 FILM: The Wrong Box (1966). Black comedy.
2.55 FILM: The Winslow Boy (1999). Edwardian drama.
4.55 FILM: Home Alone 2: Lost in New York (1992). Comedy.
7.10 Five News.
7.15 FILM: Ace Ventura: Pet Detective (1993). Comedy, starring Jim Carrey and Courteney Cox.
9.00 FILM: Dumb and Dumber (1994). Dimwitted duo Harry and Lloyd embark on a chaotic, disaster-fraught, cross-country trip to return a briefcase to its lady owner. Comedy.
11.15 FILM: High School High (1996). Comedy.
12.50 NFL Live.

EVENING
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• Raffle / Auction

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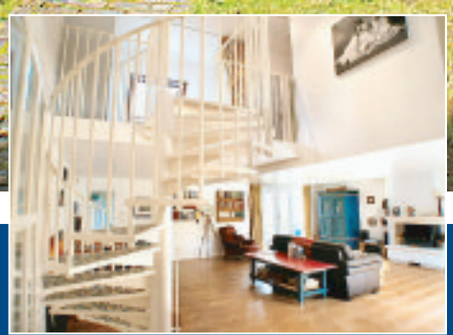
WEEKLY NEWS

PROPERTY

Tel: 01638 662581 • Fax: 01638 660846 • Email: russell.beaumont@cambridge-news.co.uk

Fordham £299,500

An outstanding period school house conversion with a stunning open plan living room with fireplace and original parque wood flooring, 4 bedrooms and a bathroom on the 1st floor, an attractive garden and walled courtyard, garage and off road parking. Accommodation includes entrance hall with quarry tiled floor, shower room, sitting/dining room (formerly the main school room) with vaulted ceiling, 'Bodart and Gonay' multi-fuel fire with natural stone hearth and surround and original herringbone pattern parque floor, Kitchen/breakfast room and rear lobby. First floor accommodation includes master bedroom with range of built in wardrobes, bedroom 2 with semi vaulted ceiling, bedroom 3 with semi vaulted ceiling, family bathroom and bedroom 4 with vaulted wood panelled ceiling. Outside, the property benefits from an attractive enclosed front garden, an enclosed walled rear courtyard, shared parking area, garage and 2 allocated parking.



To arrange to view the property contact Cheffins on 01638 663228

Cheffins

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Includes the Property pages

PROPERTY

Substantial detached home

SITUATED in Felsham Chase, Burwell, is this modern detached home.

The property offers four bedrooms, an entrance hall, large living room, cloakroom, study, dining room, conservatory, kitchen/breakfast room, two en suites and a family bathroom.

The rooms are bright and spacious, and would provide an ideal home for a family.

Outside, there is a charming lawned garden to the rear, a double garage and a further garden to the front.

This handsome home is on the market for £285,000.

For more information, contact the agents, Cheffins, on (01638) 663228.

Apartments and houses in unique designs to choose from

MILLER'S Tye comprises 76 two, three and four-bedroom houses and apartments, set in an attractive and convenient location outside Soham.

Each home is different, and combines traditional design with contemporary functionality.

For £219,995, you could own a three-bedroom townhouse, complete with stylish modern kitchens and light, spacious living areas.

It also comes with a garden and garage.

For further details on this, or any other of the new homes at Miller's Tye, contact Bidwells New Homes on (01223) 841842.

PROPERTY

Morris Armitage clocks up 7 years

MORRIS Armitage Estate Agents is celebrating its seventh year in business this month.

Despite a challenging 12 months, Morris Armitage's reputation as a proven team has continued to be enhanced and the company, which boasts four offices, has recently witnessed a promising upturn.

Director Simon Morris says: "As we enter our seventh year I'm confident we have seen the worst of the downturn and now believe we are returning to a period of price stability.

"It's really been a privilege to work in my hometown over the last few years and I want to openly thank everyone for their support."

For further details contact Morris Armitage on (01638) 560221.

One of the DEFRA properties that will go under the hammer.

01223 213777
cheffins.co.uk

Cheffins

CAMBRIDGE PROPERTY AUCTIONS
NEXT AUCTION – 19 Lots
30th September 2009

r/o OLD STATION ROAD, NEWMARKET £25 - £30,000
Detached former Victorian coach house located close to town centre with potential for conversion (STP). Approx 1,000 sq ft (GEA) over 2 floors.
VIEWING Auction Department
01223 213777

r/o HIGH ST, NEWMARKET
£150 - £170,000
Vacant commercial premises situated just off the High Street with consent for restaurant/office use. Accommodation over 2 floors extending to 3,215 sq ft
VIEWING Commercial Dept
01223 213666 ref RB

Catalogues available from the Auctioneers or via our website cheffins.co.uk
CAMBRIDGE NEWMARKET SAFFRON WALDEN ELY HAVERHILL LONDON 01223 213777

Wide selection of properties at Cheffins' auction

A FORMER Victorian coach house in central Newmarket is among the range of properties that will be seen at Cheffins' September 30 Property Auction in Cambridge.

The coach house is situated just off Old Station Road, Newmarket, and offers potential for conversion subject to obtaining planning consent.

It has accommodation over two floors and a guide price of £25,000 - £30,000.

Other properties include two in Boxworth which are part of a portfolio of four investment properties which DEFRA (Department for Environment, Food and Rural Affairs) has instructed Cheffins to auction.

Apart from the two in Boxworth, there are two in Terrington St Clements, near Kings Lynn. All are producing between £400 and £435 per month and are offered individually with guide prices between £70,000 and £110,000 each – making them excellent investments."

There are several commercial properties for sale as well as a number of plots of farmland additionally.

For further information, contact the auction department at Cheffins on (01223) 213777.

The former Victorian coach house

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Burwell
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NEW

Burwell £295,000

A substantial and well presented detached family home benefiting from a corner plot position within a popular cul-de-sac.

Featuring an office/study, two reception rooms and four double bedrooms (two with ensuite facilities). Double garage, off-road parking and gardens.

Burwell £499,995

A truly rare opportunity to purchase a rather special period property located within this highly regarded East Cambridgeshire village.

Believed to date back to the 15th Century, the property boasts a vestibule living room, integrated annexe/bedroom five and four principal bedrooms.

Swaffham Prior £349,995

A rather special period cottage set towards the outskirts of this picturesque village and with views to the former windmill.

Offering accommodation including two/three reception rooms, utility area and three/four bedrooms. Featuring large workshop and small paddock.

Burwell £195,000

A recently constructed family home situated within the heart of this sought after village and positioned close to shops and schooling.

Offering well presented accommodation throughout including three bedrooms and ensuite facilities. Benefiting with garage and gardens.

Burwell £189,995

A well presented property located to the outskirts of this popular village and positioned within a recently constructed development.

Offered for sale with no onward chain, accommodation includes spacious conservatory, cloakroom and three bedrooms. Gardens and garage.

Burwell £159,995

A charming terrace cottage located within easy reach of both Cambridge and Newmarket and tucked away to a private position.

The accommodation comprises lounge, kitchen/diner, bathroom, two bedrooms and access to a large useful loft space. Garden and parking.

NEW

Burwell £219,995

Tucked away within a small and quiet development, a recently renovated detached bungalow featuring a generous size garden.

Accommodation includes entrance hall, lounge, refitted kitchen/diner, two double bedrooms and refitted bathroom. Offering garage/off-road parking.

Newmarket 01638 560221 www.morrisarmitage.co.uk Burwell 01638 742461

Newmarket
01638 560221

Independent Estate Agents & Property Management

Morris Armitage

NEW

Newmarket £335,000

A superb brand new individual detached bungalow nestled within a recently constructed development and finished to a high standard.

Offering two reception rooms, quality fitted kitchen and three good size bedrooms (en-suite to master). Detached garage and enclosed rear garden.

Burwell £125,000

A mid-terrace property located within this well served and popular village and tucked away to the end of a quiet cul-de-sac.

The accommodation comprises entrance hall, lounge/diner, kitchen, two double bedrooms and bathroom. Generous size rear garden. No chain.

Fordham £129,500

A well presented and tastefully decorated older style mid-terraced cottage positioned within easy reach of Newmarket and Cambridge.

Accommodation includes lounge, dining room, kitchen, two bedrooms and bathroom. Benefiting with off-road parking and a long rear garden.

Isleham £165,995

A recently refurbished and greatly improved detached bungalow tucked away within a cluster of similar properties. NO STAMP DUTY.

Tastefully decorated and offering two reception rooms, utility room, two double bedrooms and refitted bathroom. Gardens and off-road parking.

Soham £135,995

A charming and greatly improved period property located within this well served market town and set to a non-estate position.

Accommodation comprises lounge/diner, kitchen/breakfast room, four piece bathroom suite and two double bedrooms. Beautiful rear garden.

Soham £135,000

A modern semi-detached property located to the outskirts of this thriving market town and positioned within a quiet cul-de-sac.

Accommodation includes hall, lounge/diner, kitchen/breakfast room, two double bedrooms and bathroom. With garage and enclosed rear garden.

NEW

Newmarket £315,000

A superb new development of individual detached bungalows set within striking distance of the town centre. Viewing advised.

Accommodation includes two reception rooms, utility and three good size bedrooms (en-suite to master). With rear garden and detached garage.

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ICKNIELD CLOSE, CHEVELEY — £194,995

An well presented detached bungalow in a sort after village close to Newmarket. Having been redecorated throughout and having a new bathroom. Entrance hall, Lounge/Diner, Kitchen/Breakfast, Two double bedrooms, Beautiful gardens and single garage.

MILDENHALL ROAD — £249,995

LOOKING FOR A PROPERTY IN A RURAL SETTING? This is a rare opportunity to purchase a three bedroom detached bungalow in a semi rural location on the edge of this popular village situated between Newmarket and Ely. The property offers versatile living accomodation and viewing is essential to appreciate the full potential this home has to offer. In brief the property comprises of the following:- Entrance hall, Sitting room, Kitchen/Diner, Three double bedrooms, Luxury Bathroom Suite, Gas radiator heating, Established gardens with ornemental fish pond and detached garage. WITH NO CHAIN THIS IS WELL WORTH A LOOK!!

newmarket@your-move.co.uk

FORDHAM — £165,000

Situated within a cul de sac location this three bedroom semi detached family home is within a popular village and is well worth a look. Entrance, Kitchen, Lounge/Diner, three bedrooms, bathroom, garage and garden.

GUNTONS CLOSE — £165,000

A fine semi detached residence in traffic free position within this popular market town. Having been improved the property boasts 4 good sized bedrooms, an 18'2" living room, kitchen/diner, cloakroom and bathroom. TO LET £750pcm.

SAXON STREET — £235,000

Deceptively spacious extended four bedroom family home situated in a popular village close the Historic Racing town of Newmarket. Tucked away down a quiet lane this old cottage has been heavily extended to the front and rear giving it versatile accommodation and is ideally suited for the growing family. There is a large enclosed rear garden which backs on to open farmland. Viewing is strongly advised to appreciate the accommodation on offer and the true potential of this home.

newmarket@your-move.co.uk

WANTED

1/2 bedroom properties in and around Newmarket up to around £150,000 for waiting buyers.

We have buyers waiting

Do you have a property in or around Newmarket? If you have the property we almost certainly have the buyers. **Thinking of selling? Give us a call.**

EAR8068 06/2009

Call us on 01638 660303

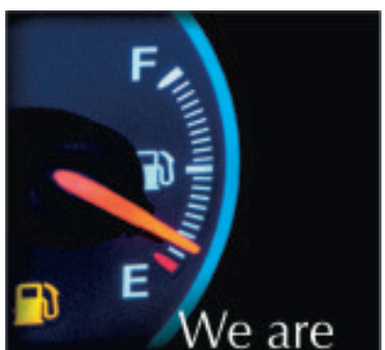
WESTON WAY — £102,950

Situated in a popular residential area of the town this one bedroom first floor maisonette is well worth a look. With its double glazing, sitting room and double bedroom looking onto an open green this represents an ideal first time purchase or letting opportunity.

EXNING ROAD — £127,500

Looking for your first home or Investment? Then this is one to consider, with three bedrooms and a large garden call today!!

newmarket@your-move.co.uk



We are running low on properties in Newmarket

We seem to be a victim of our own success. We are now short of properties to sell/to let so if you are thinking of selling/letting give us a call to arrange a free valuation and to find out about our winning formula for selling homes.

Call us on 01638 660303

sales lettings mortgages

ARLA Ombudsman www.oft.co.uk OFT Approved code

YOUR MOVE — Lattimores —

The UK's most visited estate agency website*

www.your-move.co.uk

0845 601 1203

TULYAR WALK — **£149,995 Offers Over**

An incredibly spacious and versatile five bedroom detached house situated on the Studlands development just north of the town. The property has a double storey extension, but would benefit from some further updating throughout. Entrance lobby, store room, reception hall, cloakroom, family room, breakfast room, kitchen, lounge/diner, five bedrooms, two with en-suite facilities, bathroom, garden with vehicular access, lean to extension to the side providing further accommodation.

newmarket@your-move.co.uk

CHIPPENHAM — **£107,995**

A well presented Double bedroom first floor apartment with spacious living accommodation. Excellent value for money!
newmarket@your-move.co.uk

FORDHAM — **Offers Around £300,000**

An executive four bedroom detached family home offering superb value for money in a courtyard location of similar type properties in this much requested village. Reception hall, Cloakroom, Lounge, Study, Dining Room, Kitchen, Four bedrooms, En-suite to master bedroom, Family bathroom, garden and garage. Offered with no upward chain this property is well worth a viewing!!!

newmarket@your-move.co.uk

WEST STREET — **£149,995**

Situated within the popular village of Isleham this three bedroom semi detached home has room for all the family. The accommodation comprises of the following:- Entrance hall, lounge/diner, kitchen, three bedrooms, bathroom, garden and garage.

Property prices rise for 3 consecutive months.

Great news. The market is now showing real signs of a turnaround. Property prices have now risen for the last 3 consecutive months*. This re-energised market is now more active as a result, with over 36% more sales in June than the same time last year**. Rising prices, more buyers and sales on the increase - it's the news sellers have been waiting for.

If you are thinking of selling, talk to YOUR MOVE to find out how to make the most of this recovering market.

* Source: Nationwide June 09
**Source: Agency Express Property Activity Index - June 09

E.A596085.07/2009

Talk to the agent getting results

RESIDENTIAL LETTINGS

HIGH STREET, NEWMARKET — **£500 PCM**

First floor flat that has to be viewed to fully appreciate just how much spacious accommodation is on offer. 2/3 bedrooms, study/bed3, refitted kitchen, living room, shower room, gas heating, sun terrace, central location.

RED LODGE — **£490 PCM**

A three bedroom end of terrace house in a traffic free location within this up and comming village. The property is available towards the end of September, call now for further details.
newmarket@your-move.co.uk

10% off estate agency fees for new customers. Terms and conditions apply*

Invitation

You're invited to have a **FREE** market valuation of your home

Talk to the agent you can trust

YOUR MOVE — Lattimores —

WESTON WAY — **£450 PCM**

Situated in a popular residential area of the town this one bedroom first floor maisonette is well worth a look. With its double glazing, sitting room and double bedroom looking onto an open green this represents an ideal first time let.

CROFT COTTAGES — **£560 PCM pcm**

A Victorian part furnished two bedroom terrace home in a well regarded area of the town close to local facilities. Sitting room, kitchen/diner, bathroom, two double bedrooms and garden.
newmarket@your-move.co.uk

sales lettings mortgages

ARLA Ombudsman www.oea.co.uk OFT Approved code

Newmarket
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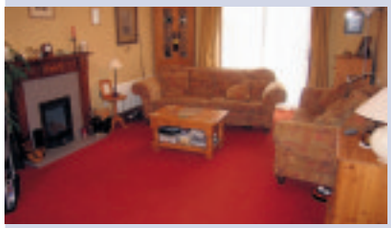
surveyors and estate agents



Isleham £290,000

Set within a delightful corner position and enjoying a large garden an extended and very spacious 4/5 bedroom detached family house with 3 large reception rooms, 2 en suites, double garage and off road parking.

Stetchworth £325,000

An attractive detached period cottage of charm and character retaining many features including exposed beams and fireplaces. Two good size reception rooms, modern fitted kitchen, conservatory, bathroom, delightful gardens with outbuildings, in - out driveway and double garage.

Fordham

A deceptively spacious end of terrace 2 bedroom period cottage in need of further improvement. Sitting/dining room, large kitchen, bathroom, off road parking, outbuilding and a good sized garden. Early Viewing advised.

£119,950

Newmarket

An attractive and extended semi detached 1930's family house enjoying a large garden and set within a highly regarded location south of the town centre. NO Chain

£189,950

Ashley £139,950

A charming and sympathetically improved Victorian cottage, set in a wonderful position within this highly regarded and sought after village. NO CHAIN

Burwell £299,950

A most attractively situated detached period cottage of charm and character, set within large gardens and enjoying incredibly versatile 5/6 bedroom accommodation.

Isleham £249,950

Occupying a large corner plot a very spacious and extended 4 bedroom detached bungalow set in private gardens with garage and large workshop. NO CHAIN

Newmarket £115,000

Set within a unique location adjoining Warren Hill training grounds a ground floor 2 bedroom retirement apartment. NO ONWARD CHAIN

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Newmarket
01638 668284

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surveyors and estate agents

Freckenham £365,000

A beautifully presented and sympathetically restored detached Period cottage of unquestionable charm and character, nestled along a quiet no through country lane.

Newmarket £149,950

A well presented and very spacious Victorian cottage of charm and character set in a sought residential area within striking distance of the town centre. Hall, sitting room, handmade Pine kitchen, refitted bathroom, 2 large double bedrooms. NO CHAIN

Cavenham £375,000

A Stunning Period Style Detached 4 Bedroom Family House Enjoying Many Features Including An Inglenook Fireplace, Superb 17 x 17 Kitchen/Dining Room.

Isleham £249,500

A rather special and charming period cottage of considerable character including exposed beams and 2 Inglenook fireplaces. Sitting room, dining room, kitchen, utility, cloakroom, cellar, 3 double bedrooms, large bathroom, attractive enclosed garden. NO CHAIN

Lakenheath £260,000

Situated down a little lane a superb period house having undergone a comprehensive program of improvement to provide high quality 4/5 bedroom accommodation.

Newmarket £119,950

A very spacious and well appointed 2 bedroom 1st floor apartment conveniently situated in an excellent location close to the town centre. NO CHAIN

Isleham £149,950

In A Cul De Sac Location A DETACHED 2 Bedroom Bungalow With Double Glazed Windows, Gas Heating, Garden, Off Road Parking.

Newmarket £147,000

Set within a highly regarded development south of Newmarket town centre a well appointed 2 bedroom modern apartment.

Soham £189,950

A nearly new detached double fronted family house situated in an attractive modern development on the north side of this popular town.

RENTALS

Lowther Street £525pcm

A Delightful 2 Bedroom Victorian Terrace Cottage In An Excellent Central Position. Recently Redecorated

New Cheveley Road £625pcm

A modern 2 bedroom house situated off New Cheveley Road.

Red Lodge £650pcm

A semi detached 3 bedroom bungalow providing excellent access to the A11/A14. Off road parking, electric heating and all bedrooms have fitted wardrobes.

Lowther Street £595pcm

Spacious And Well -Presented Terraced Property Within Minutes Of The Town Centre Having Lounge With Open Fireplace, Separate Dining Room.

Mill Reef Close £675pcm

A spacious 4 bedroom house situated north of the town centre. two reception rooms, large kitchen, en-suite, Good size rear garden enclosed with fencing.

Wolverton Lodge £850pcm

A 1 Bedroom Apartment Finished To A High Specification, Situated In A Convenient Location At The Top Of The Town With Gated Security Entrance.

The Avenue £500pcm

A Fully Furnished, Self Contained 1 Bedroom Studio Apartment Situated Off The High Street. Council Tax And Water Rates Included. Singles Only.

Weston Way £595pcm

A Superbly Presented And Much Improved 2 Bedroom Semi Detached House With Gas Radiator Heating, Double Glazed Windows, Garage & Off Road Parking.

Nimbus Way £550pcm

A Well Presented Modern 2 Bedroom House Overlooking A Small Green. Hall Kitchen, Lounge/Diner, Bathroom With Shower, Gas Radiator Heating, Enclosed Garden.

Arlington Court £495pcm

A Second Floor Apartment Within Minutes Of The Town Centre And High Street. Living Room, Kitchen, 2 Bedrooms, Bathroom. Allocated Parking Space.

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Gazeley **£190,000**
An attractive flint and brick cottage situated close to the village centre with an open plan sitting/ dining room with open fireplace, 2 double bedrooms and a first floor bathroom, conservatory and a garden and off road parking.

Beck Row **£230,000**
An impressive 4 bedroom detached house cleverly extended to provide generous family accommodation including an ensuite shower room, study, quality fitted kitchen and private enclosed rear garden.

Burwell **£250,000**
A 3 bedroom detached bungalow standing in a favoured village location adjoining an open green with attractive west facing gardens, a sitting/ dining room, a garage and parking and NO ONWARD CHAIN.

Westley Waterless **£299,950**
A beautifully presented 4 bedroom detached bungalow standing within private gardens in this sought after unspoilt hamlet. RARELY AVAILABLE - EARLY VIEWING RECOMMENDED.

Gazeley **£325,000**
A superbly presented 4 bedroom detached house delightfully situated on the edge of the village with uninterrupted views over adjoining countryside, 3 reception rooms and a large garden

Burwell **£325,000**
A superbly presented modern 4 bedroom detached bungalow delightfully situated on the edge of the village adjoining open farmland. Accommodation includes a master bedroom with ensuite, 2 reception rooms.

Dalham **£345,000**
A charming 3 bedroom detached cottage standing in large gardens in the heart of this sought after village. Features include an ensuite shower room, kitchen with oiled fired Aga and a range of out buildings including 4 stables.

Lidgate **£525,000**
A beautifully presented detached village property situated in an elevated plot with a stunning fitted kitchen/ dining room, 4 bedrooms and 2 ensuite shower rooms, attractive gardens and aspect to the rear over farmland.

Newmarket **£175,000**
A modern 3 bedroom house with 2 good size reception rooms, kitchen/breakfast room, ground floor cloakroom, enclosed rear garden and garage/workshop. EXCELLENT VALUE - EARLY VIEWING RECOMMENDED.

Burwell **£295,000**
A stylish modern 4 bedroom detached house with views to the rear over farmland 3/4 reception rooms including a converted garage/studio playroom, a master bedroom with ensuite shower room and a contemporary modern interior.

Red Lodge **£179,950**
A beautifully presented 3 bedroom house with 2 reception rooms, cloakroom, ensuite shower room, enclosed garden and garage. OUTSTANDING VALUE - EARLY VIEWING RECOMMENDED.

Burwell **£225,000**
An individual detached bungalow standing in mature gardens of approximately 1/3rd of an acre with river frontage. The property offers tremendous scope for improvement and possible extension subject to the usual consents. RARELY AVAILABLE - NO CHAIN

Swaffham Prior **£350,000**

A double fronted detached period property requiring renovation and improvement standing in a highly regarded village setting with stunning views over open countryside, 4 bedrooms and substantial gardens to the rear.

Worlington **£365,000**

A individual modern 4 bedroom detached house standing in a private no through road, superbly presented throughout and recently completed by the builder.

Gazeley **£240,000**

An individual detached bungalow standing in a superb elevated position with far reaching views over paddocks to the front and rear. RARELY AVAILABLE - NO CHAIN.

Burwell **£145,000**

A superbly presented 2 bedroom modern terraced property standing in an established residential cul-de-sac close to the centre of the village with an attractive garden, a fitted kitchen and 1st floor bathroom, a garage and NO CHAIN.

Stetchworth **£149,950**

A beautifully presented Victorian terraced property standing in a desirable village setting with 2 bedrooms and a shower room on the first floor, an attractive sitting room with open fireplace and wood floor, modern kitchen & NO CHAIN.

Burwell **£189,950**

A modern 3 storey town house presented in excellent decorative order standing in a small development close to the centre of the village,superb 2nd floor master bedroom with ensuite shower room, 2 further bedrooms.

Cheveley **£189,950**

A well presented 4 bedroom detached bungalow forming part of a well regarded development. Benefits include an open plan sitting / dining room, UPVC sealed unit double glazing, a garage and NO ONWARD CHAIN.

PROPERTY

Secluded gardens: detached bungalow surrounded by open fields.

Five bedrooms in rural location

SITUATED in Six Mile Bottom, one of Newmarket's premier locations, is this striking detached bungalow.

Originally a barn on Lady Delamere's estate the character property is surrounded by open fields, with secluded gardens and boasts five good-sized bedrooms.

The property also includes a lodge room, large fitted kitchen/breakfast room, open plan lounge dining room, shower room and bathroom and a loft room for various uses. There are gardens to two sides plus ample gravelled parking.

Contact selling agents Abbots Countrywide for a viewing on (01223) 363291.

YOUR GUIDE TO MOVING HOME

1 **Moving home can be a complicated business and, in the hectic run to the big day, it is all too easy to forget something vital. The Property News offers their readers this handy checklist that should help avoid major pitfalls. We suggest you tick off the items as you deal with them...**

WITH FOUR WEEKS TO GO:

- ☐ Get estimates from removal companies, checking that comprehensive insurance cover is available against damage or loss. Is there a packing and unpacking service? Confirm the date of your move with the firm you have chosen.
- ☐ Check on your home contents insurance policies to ensure that you are covered for the move, and covered at your new address.
- ☐ Make arrangements for your gas and electricity meters (plus water meters where relevant) to be read and all your appliances to be disconnected on the day of your move.
- ☐ Arrange to take over gas and electricity at your new address, and make sure that all appliances will be properly fitted, plumbed or connected.
- ☐ Notify British Telecom and ask them to make the necessary arrangements for a final account at your present address, and for taking over or installing telephone facilities at your new home.
- ☐ Arrange for change of address cards to be printed.

WITH TWO WEEKS TO GO:

- ☐ Confirm all arrangements, times etc, for meter readings, disconnections and reconnections, with authorities and with your buyer and seller.
- ☐ Make sure you have a good stock of packing materials, including sturdy boxes and plenty of string and sticky tape.
- ☐ Begin to throw out unwanted items from attics, wardrobes. What you really don't want you may as well dump now, or send to charity. It's a great time for a good sort out!

WITH ONE WEEK TO GO:

- ☐ Send off change of address cards.
- ☐ Arrange and pay for automatic redirection of your mail by the Post Office.
- ☐ Cancel and pay up accounts for routine delivery services such as milk, groceries, fuel and your Cambridge Evening News. Re-organise these deliveries for your new address.
- ☐ Defrost refrigerators in preparation for move and, if you are moving a freezer and its contents, turn it up to maximum for a couple of days before you move.

WITH ONE DAY TO GO:

- ☐ Complete your packing except for those items you are likely to need overnight, and prepare a picnic for moving day.
- ☐ Have a large enough cash 'float' available to deal with unexpected expenses, and make sure you have collected documents and valuables together in a safe place.
- ☐ Cover carpets which are being left behind, so as to minimise damage during furniture removal.
- ☐ Check through previous lists to make sure nothing has been overlooked, then enjoy a worry-free early night!

2 ON MOVING DAY:

- ☐ Strip beds and pack bedding and nightclothes.
- ☐ Pack items for washing/toiletries.
- ☐ Take down curtains.
- ☐ Take up rugs, carpets, floor coverings, as required.
- ☐ Dismantle any light fittings etc., not included in the sale.
- ☐ Turn off electric appliances.
- ☐ Disconnect cooker.
- ☐ Turn off boiler/central heating.
- ☐ Turn off water.
- ☐ Read gas meter.
- ☐ Read electricity meter.
- ☐ Secure all windows.
- ☐ Lock all doors.
- ☐ Leave key as arranged with new owners.
- ☐ On arrival at your new home, unpack slowly and methodically so that you can check for loss or damage.

3 EXTRA HINTS FOR A SMOOTH MOVE...

WHO TO NOTIFY:

- ☐ Banks.
- ☐ Building Societies.
- ☐ Credit companies.
- ☐ Insurance companies.
- ☐ Gas, Electricity and Water Boards.
- ☐ Telephone company.
- ☐ Local Authority (Rating Department).
- ☐ Driving Licence authorities.
- ☐ Inland Revenue.
- ☐ Store cards and accounts.
- ☐ Other lease, hire or rental companies.
- ☐ Employer.
- ☐ Doctor.
- ☐ Dentist.
- ☐ Schools.
- ☐ Professional Bodies/Trade Unions.
- ☐ Motoring organisations.
- ☐ Newsagent.
- ☐ Friends and relatives.

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NEWMARKET

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occasion

IN NEWMARKET

These apartments are so good that you will want to make every day as special as Ladies Day at the races!

An exclusive development of luxury apartments with views overloooking Newmarket Gallops.

- Balcony or terrace to every apartment. Many with views over the Gallops
- Set in attractive landscaped grounds and surrounded by mature trees
- Luxurious and spacious interiors with a high quality specification
- Exclusive gated development with ample car ports and parking spaces

Prices from £295,000

HIGHLAND

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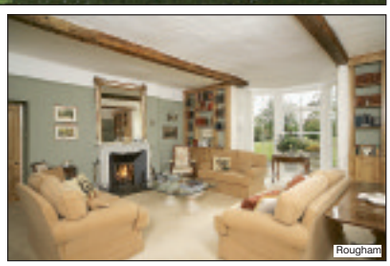

Rougham

ROUGHAM

An outstanding country house close to Bury St Edmunds with extensive grounds.

Reception Hall, Cloakroom, Drawing Room, Sitting Room, Dining Room, Kitchen / Breakfast Room, Inner Hall, Laundry Room, Cellar. 6 Bedrooms (3 En Suite) and Bathroom. Gardens and Grounds including Moat, Arboretum and 2 Fields. Log Store and Boot Room, Tennis Court, Heated Swimming Pool with Changing Rooms, Pool House and Kitchen. Extensive Outbuildings and Garages.

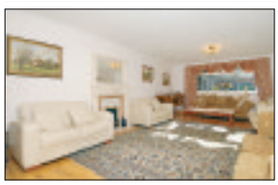
Guide Price £1,700,000

KIRTLING

A charming Grade II Listed house set in the centre of this popular village with large attractive gardens.

Entrance Hall, Dining Room, Sitting Room, Drawing Room, Study, Kitchen/Breakfast Room, Utility Room, Shower Room. Master Bedroom with Walk-In Dressing Room, Guest Bedroom with En Suite. 3 Further Bedrooms and Bathroom. Driveway and Parking, Detached Garage, Store Room, Workshop and Pond.

Guide Price £650,000



WORLINGTON

A spacious family house in this charming village, benefiting from a heated outdoor swimming pool and separate annexe.

Reception Hall, Sitting Room, Dining Room, Kitchen/Breakfast Room, Inner Hall, Utility Room, Family Room, Cloakroom. 4 Bedrooms (2 En Suite) and Bathroom. Detached Annexe comprising Kitchenette, Sitting Room, Shower / Dressing Area, Cloakroom and Bedroom. Garden with Heated Swimming Pool, Terrace, Summer House and Garden Store.

Guide Price £545,000

Greenacr

WICKHAMBROOK

A superbly presented detached property with an attractive garden in a sought after village location.

Sitting Room, Dining Room, Family Room, Kitchen, Utility Room. Master Bedroom with En Suite, 4 Further Bedrooms, Family Bathroom. Driveway and Parking, Single Garage/Workshop and Garden.

Guide Price £325,000

31TheSev

NEWMARKET

A superb first floor apartment situated within a sought after development with communal grounds and leisure facilities.

Entrance Hall, Sitting/Dining Room, Kitchen. Master Bedroom with En Suite, Bedroom 2 and Shower Room. Allocated and Visitors Parking, Communal Grounds and Leisure Facilities.

Guide Price £285,000

WoodFar

STRADISHALL

A well presented detached period house with a double garage and annexe accommodation.

Sitting Room, Dining Room, Drawing Room, Kitchen/Breakfast Room, Utility. Master Bedroom with En Suite, 4 Further Bedrooms and Bathroom. Detached Double Garage with Annexe comprising Sitting room, Kitchen, Bedroom and En Suite.

Guide Price £445,000

StrettonG

NEWMARKET

An exclusive new development of 5 individual detached bungalows by Hyperion Homes with enclosed gardens and within walking distance of the town centre.

Entrance Hall, Sitting Room, Dining Room, Kitchen/Breakfast Room, Utility Room, Cloakroom. Master Bedroom with En Suite, 2/3 Further Bedrooms and Bathroom. Driveway and Parking, Detached Garage and Enclosed Garden.

Guide Prices From £315,000

• NEWMARKET 01638 662231

168 High Street, Newmarket CB8 9AJ

• email newmarket@jackson-stops.co.uk

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WORLINGTON

A well presented and substantial family house in this sought after village with a large private garden.

Reception Hall, Sitting Room, Garden Room, Dining Room, Study, Kitchen/Breakfast Room, Utility Room, Cloakroom. Master Bedroom with Dressing Room and En Suite, Guest Bedroom with En Suite, 4 Further Bedrooms and Bathroom. Driveway and Parking, Integral Double Garage and Secluded Garden with Terrace and Summer House.

Guide Price £695,000

GAZELEY

A beautifully presented detached bungalow in a quiet village location with a good sized rear garden and detached single garage.

Entrance Hall, Sitting Room, Kitchen/Breakfast Room, Study/Bedroom 4, Cloakroom. Master Bedroom with Shower Room, 2 Further Bedrooms and Bathroom. Driveway and Parking, Detached Garage and Garden.

Guide Price £350,000

DULLINGHAM

A well converted and extended Victorian barn set in Dullingham Ley with good views to the front and rear.

Entrance Hall, Cloakroom, Dining Room, Sitting Room, Kitchen/Breakfast Room. Master Bedroom with En Suite Shower Room, 2 Further Bedrooms and Bathroom. Gravel Parking Bay, Pretty Landscaped Garden with Fish Pond, Timber Summer House, Garden Shed.

Guide Price £350,000

NEWMARKET

A superb 1st floor apartment enjoying impressive views over Warren Hill Training Grounds situated in this highly regarded development within walking distance of the town centre.

Reception Hall, Sitting Room, Dining Room, Kitchen. Master Bedroom with En Suite, Bedroom Two, Bathroom/Cloakroom. Parking, Car Port and Communal Gardens.

New Guide Price £295,000

NEWMARKET

An impressive detached family house situated in a sought after edge of town location with large garden and attractive views.

Reception Hall, Sitting Room, Dining Room, Study, Kitchen/Breakfast Room, Utility Room, Cloakroom. Master Bedroom with En Suite, Guest Bedroom with En Suite, 3 Further Bedrooms and Bathroom. Double Garage and Garden.

New Guide Price £495,000

NEWMARKET

A superbly presented and spacious family house with a delightful garden within walking distance of the town centre and Rowley Mile Racecourse.

Reception Hall, Sitting Room, Dining Room, Study, Kitchen/Breakfast Room, Utility Room, 2 Cloakrooms. Master Bedroom with Dressing Area and En Suite, 3 Further Bedrooms, Bathroom. Double Garage, Garden and Garden Store.

Guide Price £390,000

MOULTON

A superbly presented detached family house set in 0.5 of an acre in this popular village with a large south facing garden enjoying stunning views over open countryside to the rear.

Reception Hall, Sitting Room, Dining Room, Garden Room, Study/Bedroom 5, Kitchen/Breakfast Room, Utility Room. Master Bedroom with En Suite, 3 Further Bedrooms and Bathroom. Integral Double Garage and Landscaped Garden.

Guide Price £450,000

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SMART RESIDENTIAL

INDEPENDENT ESTATE AGENTS • PROPERTY MANAGEMENT • LETTINGS

Newmarket £229,000

An extended and sympathetically improved Victorian three bedroom residence located within a fashionable central location.

Newmarket £139,995

Ideal investment property currently with four letting rooms. Potential to create two self-contained apartments (STPP).

Newmarket £109,995

A superb opportunity to acquire an improved one bedroom first floor apartment located just off the High Street, offering private allocated parking.

Newmarket £225,000

A well presented, improved and thoughtfully extended modern detached family residence enjoying the most delightful landscaped gardens

Woodditton

A delightful, superbly presented detached Grade II Listed residence set within 1 acre of mature gardens located within this picturesque village just a few miles from Newmarket. Including dining hall, sitting room, formal dining room with snug, hand built fitted kitchen, period style gr.fl bathroom. Three bedrooms to the first floor, fitted bathroom suite with oak furniture. Double garage and adjoining studio.

Newmarket £189,995

A well presented modern detached three bedroom family residence featuring a large sun-lounge extension to rear providing a great deal of versatility.

In brief including, entrance hall, porch, living room partly open plan to dining room, WC/cloaks, kitchen, three bedrooms and smart bathroom to the first floor. Garage. Delightful landscaped garden to rear

RESIDENTIAL LETTINGS

Cheveley £650pcm

A modern three bedroom residence with enclosed garden located within this sought after village

Newmarket £1,000pcm

-NOW LET- -SIMILAR REQUIRED- A superb detached single storey residence set within grounds of 1 acre

Newmarket £595pcm

A superb, fairly recently built, two bedroom end terrace residence in a popular, central cul de sac location

Newmarket £595pcm

A superb modern two bedroom residence with parking and garden. Available end of September

Moulton £675pcm

A magnificent cottage within private gated grounds. Extremely spacious. Part or fully furnished.

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INDEPENDENT ESTATE AGENTS • PROPERTY MANAGEMENT • LETTINGS

SR SMART RESIDENTIAL

OPEN HOUSE 12th Sept 1pm - 3pm

Woodditton, Newmarket — offers invited above £1m

An exceptional brand new residence of almost 4000 sq.ft set within gardens of around half an acre offering high specification, contemporary accommodation of the utmost quality and style, enjoying fine view's over adjacent paddock land

Including, full height ceiling over (30' x 18'6") living room, dining room, two further ground floor rooms and adjacent bathroom, magnificent reception hall, utility/laundry room with shower room, high specification kitchen/breakfast room with quality integral appliances including four ovens etc Three large first floor bedrooms each with luxurious ensuites. 'American White Oak' joinery throughout, including many concertina full height triple doors, polished porcelain tiling to some floors and HD wired throughout. Detached double garage. Completion anticipated by end of September 2009.

Burrough Green — £595,000

A magnificent and substantial custom-built timber framed barn delightfully located within this quintessentially English village, pleasantly positioned close to the village green.

Ground floor accommodation of 1817sq.ft and first floor around 1014sq.ft. This property was filmed during the renovation and is due to appear on televisions 'Dream Homes' series during January 2010.

OPEN HOUSE - Sat 12th Sept 10am - Noon

Central Newmarket — offers over £325,000

A superb, spacious detached 4 bedroom Victorian residence tucked away near the centre of town with 600 sq.ft rebuilt garage.

Including two spacious reception rooms, useful converted basement, refitted kitchen/breakfast room, cloaks/WC, ensuite shower room to master bedroom, refitted bathroom. Driveway for 3 cars, enclosed garden to rear.

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Motorsnow
www.motorsnow.co.uk

ESP set to be a must

HERE'S a car conundrum: you can't see it, you may not even know you have it, but you benefit vastly from it and, by 2014, every new motor has to have it.

What is it?

It's the Electronic Stability Programme, or ESP.

Introduced by Bosch 14 years ago, ESP is a life-saving safety system which combines three technologies.

It is a vehicle active chassis braking safety programme, which can prevent a car going into a potentially dangerous skid. It marries anti-lock braking, traction control and electronic stability.

Bosch has put together a special website if you want to see this life-saver in action. Go online to *www.bosch-esperience.co.uk* to view track-driving demonstrations, and animations of how the kit works.

It has been so successful since its 1995 launch that more and more makers have striven to make ESP a standard-fit on new cars.

Some 81 per cent of new cars registered in Germany last year, for instance, came with ESP. That's good, but for a system that can prevent up to 80 per cent of all skidding accidents, it should be a more universal fit.

The market that currently misses it most is that of small cars – yet it's just as important here as it is in larger motors.

The US already has legislation in place to make ESP mandatory in new vehicles, and European countries' output must have it fitted by 2011, before it becomes a legal requirement worldwide in 2014.

Adrian Walsh, director of RoadSafe, a leading UK road safety forum, has backed the drive for cheaper runabouts to have electronic stability control fitted sooner.

Several city cars and superminis being sold in the UK don't even offer the system as an option.

Superminis, for example, account for a third of all UK new car registrations, but electronic stability was fitted as standard on only 9 per cent of vehicles registered in the first half of 2008, and added as an option on another 5 per cent.

That means 86 per cent of superminis registered in the first six months of last year took to the roads without it.

Recent research, too, by Britain's Department for Transport suggests that vehicles equipped with ESP are 25 per cent less likely to be involved in a fatal crash than those without it.

That equates to 380 fatal crashes and the reduction of injuries by 7,800.

Doctor Werner Struth, president of the Bosch chassis systems control division, says: "Small cars remain our main concern."

The other vital warning here, given the forthcoming 2011 European legislation, is for this year's new-car buyers to ensure they source a vehicle that has ESP fitted – otherwise they could find potential customers walking away from it at sell-on time in two or three years' time.

ESP: Compulsory in 2014.

The Subaru Impreza: Diesel delight.

Impreza gets a Boxer diesel

HAVING already earned its stripes in Legacy, Outback and Forester, Subaru's widely acclaimed 148bhp Boxer diesel engine is now available in the stylish Impreza, offering the perfect complement to the model's supreme five-door practicality.

The sporty, yet sophisticated, Impreza 2.0D offers customers a unique take on the small family car, combining spacious, hatchback flexibility and diesel frugality with the superb, confidence-inspiring grip delivered by Subaru's trademark Symmetrical All-Wheel drive system.

The newcomer clocks up a refreshing 47.9mpg on the combined cycle to give a potential range of 670 miles on a full tank.

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MotorsNow www.motorsnow.co.uk

White van man gets blinged up

WHITE Van Man is going all designer – the custom-look commercial is taking off in a big way in Britain. And some sparkling special editions are helping to grab a fair share of the vans business, too.

Take the Volkswagen Transporter. It's VW's best-selling model in both the UK and worldwide, with more than one million sold since it was introduced in 2003.

But before the new Transporter arrives in VW's Van Centres in January next year, the firm has come up with a very tempting good-looker, the Sportline Limited Edition X model.

There will be only 150 Transporter Limited Edition X models available, coming as either a short or long-wheelbase panel van, or a short-wheelbase kombi.

The appeal for the light commercials fan who wants a little something out of the ordinary is not only the bespoke look – each vehicle will come with its individually-numbered marking, plus a certificate.

The Limited Edition X has standard Sportline specification of chrome grilles and side sills, leather seats and front and rear spoilers, but gains special chrome and black 18-inch alloys, a leather steering wheel and gear lever, specially-designed black and blue leather trim with uniquely numbered tags, floor mats and rear parking sensors.

Paint choices are both metallic: Reflex Silver and Shadow Blue.

The privilege of owning this late-summer special will cost £500 more than standard Sportline prices, which range from £25,065 for the short-wheelbase panel van, to £26,805 for the kombi, exclusive of VAT.

As for the 2010 Transporter range, it gets more of the firm's passenger-car look, better comfort, safety and refinement, and a new range of diesel engines that have both lower emissions and improved economy.

Prices and specifications will be released closer to the launch.

The German firm's Caravelle people carrier and California campervan get refurbished for 2010, too, along transporter lines – and they're going on show for the first time at its top 'home' event, this month's Frankfurt Motor Show.

But VW's one-off van emulates the move by Ford to add oomph to cargo carrying – it recently came up with the Transit SportVan, a white limited-edition model that added wide, Le Mans-style blue bonnet stripes for a loud, brash look.

Citroen, meanwhile, is hoping light commercial buyers will help celebrate the French firm's 90th anniversary by indulging in special-edition Nemo, Berlingo and Dispatch vans.

Just 75 Nemo 1.4-litre diesel 90 Years vans will be available, and they're selling for £8,295 plus VAT.

Looker: The Ford Transit SportVan.

The Nemos get the high-standard specification of the LX version, plus grey metallic paint, air conditioning and Bluetooth connectivity.

There's a few more Berlingo specials – 150 of them – and these 1.6-litre diesels are retailing at £9,085 plus VAT, with 85 same-engined Dispatches joining the 90 Years parade for £10,360 plus VAT.

Citroen has built a little more value into them, too, with extended three-year warranty and roadside assistance packages.

All of the above go to show that life is looking loads better for White Van Man.

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There's lots of quality used bargains on sale

Move upmarket and save £££s

IT'S easy to fall into the trap of believing that the less you pay for a used car, the less you will get – but sometimes, less can buy you more.

Why is that? If you don't mind buying a car up to 10 years old, with average mileage for its age, then you can move away from mainstream volume brands and go upmarket – and get an executive car.

That's the verdict from Manheim Auctions, one of Britain's leading resales outfits. It says these cars are often very well built and, if regularly maintained, have no problem in covering high mileages over a long period of time.

Quality motor: An older BMW 5 Series.

For £2,000 you can buy a five-year-old hatchback, or a six-year-old family saloon at auction – but it will also buy you a car with a lot of pedigree and a smart badge, says Manheim.

Recent sales at Manheim Auctions have seen numerous Audi, BMW and Mercedes-Benz cars go under the hammer for £2,000 or less.

Examples include: an eight-year-old Audi 1.8 SE Estate with 85,500 miles on the clock which sold for £1,850; a seven-year-old BMW 316 SE three-door with 86,300 miles bought for £2,000; a nine-year-old BMW 528SE automatic with 63,700 miles which went for £1,875; and a 10-year-old Mercedes-Benz C180 automatic with 53,100 miles snapped up for £1,925.

"An increasing number of private buyers are discovering the benefits of buying a used car at auction," says Manheim's client services director Craig Mailey.

"An auction is a ready-made used-car stock market with plenty of vehicles at trade prices, it is a friendly environment and there is always someone available to help.

"You do not have to rely on a picture, or have to trust someone's description of a car, as xou can see it for yourself.

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Fiat's little Charmer

LET'S face it – the Italians are known for doing everything with just a little more style than the rest of us, *writes Louise Martin.*

Italian coffee is so good you can't blame them for sitting in chic cafés drinking it all day, probably with one of those decadent cakes the country is known for on the side. In the fashion world, Milan Fashion Week is considered to be just that little bit more special than the London and Paris offerings and then there's the pasta, which is so good it makes you wonder how Italian women can indulge in the calorific carb yet keep their annoyingly perfect figures.

So really we should hate the too-good-to-be-true country but how can we when it's brought us all this and now another treat?

Fiat has lifted the lid on the original 1957 fabric roof Fiat 500 to create the Fiat 500 Convertible. Sweet and sexy at the same time, its smooth lines, over-sized features and retro styling can't help but induce a smile.

The UK was the first market to receive the vehicle (even before Italy) when it went on sale in July after making its international debut at the 2009 Geneva Motor Show earlier in the year.

Staying true to its roots, Fiat has gone down the vintage road and chosen double-lined fabric for the nearly 6ft-long soft top, which can be operated at any speed under 37mph. In three clicks of a button the roof can be folded down for al-fresco driving or, for a "sun-roof" option, can be semi-retracted – but be prepared for some heavy buffeting at higher speeds. When the roof is fully down it sits neatly behind the rear seats which means you have your boot space filled and rear visibility greatly reduced, but this is when the first of the over-sized features, the wing mirrors, come into play.

The Fiat 500C: Style icon.

The over-sizing isn't a bad thing – in fact I think it's part of the appeal. The large wing mirrors obviously allow you to easily see more of the road behind you, but they're also quirky and part of the charm of this modern city car. The door handles are well-sized too and inside you push the handle inwards to lock the car. The front sports seats are generously sized and there's two seats in the back, although probably best to keep full car capacity for shorter trips (unless your rear passengers are children) as leg room is a little on the short side.

I was testing the 1.3 turbodiesel MultiJet Pop (it's also available in 1.2 and 1.4 petrol guises), which has a top speed of 103mph and goes from 0-60 in a rather lengthy 12.5 seconds. So getting to 60 takes a while but once there the Fiat 500C can easily hold its own on the motorway. In town, the Fiat feels right at home and the light steering and short gear shifts make city driving fun, although this is where the poor rear visibility becomes more apparent: I was grateful for the parking sensors, fitted as standard on the Lounge model and as an optional extra on the Pop.

But the real surprise for me was fuel economy. After a week of going to and from work (a mere 12-mile round trip), with a few other lengthier trips thrown in, I had averaged just over 50mpg for the whole week, which with a recorded average journey length of around 20 minutes, means this little charmer gives you a lot of miles for your money.

The Fiat 500C comes in 11 paint finishes with a colour- coded dash and matching seats. There are three interior trims with different fabrics or leather to choose from and more than 100 accessory combinations including, of course, a double coffee holder.

So if you're looking for a little slice of Italy beyond pizza and cakes why treat yourself to this head-turner?

Basically

An Italian style icon that's too good

Interior: Controls are easy to use.

Neat: Roof comes down easily.

Fiat winner: 500C wins hearts on first sight.

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Diesel van, white, X reg'd, 2000,1.8 endura engine, 78k, MoT Sept 2010, taxed Feb 2010, 4 recent commercial tyres, service history, 3 roof bars, tow bar, ply lined, drives well, good condition, 2 owners
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01440 702433

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Audi

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£11,000
07742 562797

BMW

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01480 431161

Daewoo

DAEWOO MATIZ
V reg'd, 5 dr, red, 61k miles, FSH, MoT June '10, tax Dec '09, slight damage to passenger door panel, hence price
£500
01480 475589
07905 667375

Fiat

FIAT SEICENTO SPORTING 1.1
1999 T reg'd, yellow, MoT to June 2010, PAS, c/l, e/w, s/roof, air bag, alloy wheels, sports seats, front fogs, good condition, ideal first car
£795 ono
SOLD

Ford

FORD Focus 1.8 Ghia Sal 5 speed, 1999 (T), dark blue met with charcoal interior, air con, airbags, e/w, r/c/l, PAS, heated windscreen, radio cassette with CD autochanger, 76,000 miles, FSH, good condition, 12 months MoT, economic and reliable, £1,350. Tel: 01440 783812/ 07885 846979.T.

FORD Focus 1.4CL, 5 door, 2001 (51), met blue, only 43,000 miles, FSH, PAS, c/l, e/w, airbags, radio/cass, immobiliser, colour coded bumpers, long MoT, warranty, excellent condition, £3,250. Tel: 01799 584327/ 07779 557267 www.rowleyscars.co.uk

FORD Fiesta 1.25LX Zetec, 5 door, 2000 (W), met grey, only 52,000 miles, FSH, PAS, c/l, e/w, airbag, radio/ Cass, immobiliser, colour coded bumpers, long MoT and tax, warranty, excellent condition, £2,350. Tel: 01799 584327/ 07779 557267 www.rowleyscars.co.uk

Ford

FORD Escort Estate Finesse 1.6, 1998 (S), dark green met, air con, s/r, e/w, c/l, PAS, alloys, drivers air bag, MoT and tax to end April 2010, excellent condition, FSH, 86,000 miles, reliable and economic, £1,250. Tel: 01440 783812 07885 846979.T.

FORD ESCORT
FINESSE, W reg'd, 2002, 1597cc, petrol, 5 dr hatch, silver, 80,748 miles, tax Sept '09, MoT March, fair condition
£780 ovno
07748 804990
07809 893211

FORD ESCORT 1600 LX
R reg'd, 11 months MoT, 5 Months tax
£750 ovno
01223 263022
evenings

FORD FIESTA LX 1.25 ZETEC
2001, Y reg'd, 3 door, red, 60,000 miles, 10 months MoT & tax, CD player, air con, h/f/screen, PAS, driver air bag, c/l, e/f/w
SOLD
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£1,495
01440 730104

FORD FOCUS 1.6
03 reg'd, 5 dr, 57,000 miles, light blue, PAS, service history, a/c, e/w, CD, MoT, c/l
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£2,650 ono
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01223 729724

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Honda

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£3,250 ono
SOLD

HONDA CIVIC HATCH
2.0i, v-tec, type s, 5dr, (vsa + 17" alloy) silver, 2004, vgc, fsh, Tax, MoT.
£5,250 ono
01223 844409.

Hyundai

HYUNDAI AMICA GSi 1.0
2001 Y Reg'd, 5 dr, silver, 35,000 miles, air con, good condition, 7 months MOT
SOLD
01223 880783.

Jaguar

JAGUAR S TYPE 3.0 AUTO
silver, all extras inc, tow hitch, new gear box 2008, taxed June 2010, impeccable, reluctant sale
£3,650
07504 838360

Land Rover

LANDROVER FREELANDER
TD4 ES Diesel, 2001, 7 mths MoT, 48k miles, leather, a/c, 6 CD, e/w, c/l, s/r, alloys, vgc
£3,795
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57 reg'd, 2,000 miles,1.4, manual, hatchback,1 year wty, total loss ins, 6 mths tax
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01799 523450
07840 803375

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2000 (X), 5 door, PAS, radio/ cass, twin airbags, silver blue, only **19,000 miles**, MoT Aug 2010, www.smallcarsonly.co.uk
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NISSAN MICRA 1.3 GX
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01480 392022
07825 396272

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07915 529559
07947 104938

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Renault

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£795
01223 860170
07881 633006. T

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07979 602371

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01763 248640 o.
07515 102134 T.

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£495
01223 510955
07890 203610

Saab

SAAB 9-3 S 2.0 CONVERTIBLE
2000 (W) blue, 97k miles, 12 mths MoT, 6 mths tax, leather, electric roof, a/c, e/w, CD, a/b, ABS, good condition, NEW SALE PRICE
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07790 011298

Smart

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07919 411208

Suzuki

SUZUKI CARRY VAN
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SOLD

Vauxhall

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01223 248652

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£750
01799 584056
07879 863687

Volkswagen

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Cabriolet, 2004 (04), 48,000 miles, 12 months MoT and tax, FVWSH, 2 owners, beautiful condition
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01954 211336

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2 ENTERTAINMENTS

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A14 Junction 30, Oakington (Cambs), Saturday Car-Boot sale, gates open 7am, just turn up. Charity stalls free. Enquiries: 01733 222182.

CAR-BOOT every Sunday 7am-12, (set up from 6.30am), pitch £7, Chaplins Farm, Fulbourn. Tel: 07850 325928.

GARDEN Fete, cakes, produce, books, bottles, side shows, teas. 3 Vicarage Drive, Grantchester, Saturday 12th September, 2.30pm. Entry 30p.

GUILDEN Morden Country Village Show, Sat 12th Sept, Car-boot £6 - turn up on day, trade stands £25 (pre-booked only) Tel: :01763 853409.

LAZY Sunday afternoon car-boot sale, Sunday 20th September, Beck Row, Mildenhall. Sunday 13th September, Barton Mills. 12pm-4pm, free admission, £6 pitch. Tel: 07860 716075.

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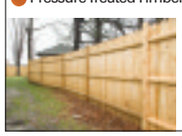

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SHEDS 10ft x 8ft, £375, 8ft x 6ft, £231. Many sizes available, free brochure. Betts: 01842 810941. www.bettssheds.co.uk.

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ANGLIA Tree Care, tree surgery, stump grinding, hedge maintenance, wood chipping, licensed waste carrier, Guild of Master Craftsmen, fully qualified/ insured, British standards BS3998 free estimate. Tel: 01223 424454.www.anglia-treecare.co.uk.

6 HEALTH & BEAUTY

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7 PETS & LIVESTOCK

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KITTENS Black, ginger & tabby, litter trained, £50. Tel: 01353 675527.

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Beautiful spotted tabby and simese coat patterned. Ready now.

£125

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Dogs

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Excellent family pet, friendly with cats, not from breeder, 4 chocolate brown, 2 tricolour, ready now

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Gorgeous 7 week old Collie Lurcher bitch puppy, fawn with dark muzzle, very pretty may even be feathered, probably suit family home with plenty of space. Perfect for agility. Wormed. Ready now.

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STAFFORDSHIRE puppies, all colours, parents can be seen, ready from September 13th. Tel: 07534 948399.

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Black and gold, normal and long coated, hip scored parents. Mirco-chipped, first vaccination and insured, KC registered, fantastic temperament

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£200 each, ono
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Canine Behaviour Trainers/Advisors
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Labrador puppies, KC registered, work or pet, must be seen. 6 month fox red dog part trained. Gordon Colchester

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07768 174503

8 LOCAL SERVICES

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E-mail: jimperryages@ntlworld.com

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Misted and Broken Double Glazed Units Replaced
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Free estimates
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STORAGE Available in your area. Clean, dry and secure, no damp shipping containers. Call Safebox on: 07894 427724.

Public Notices

Hertfordshire County Council

THE HERTFORDSHIRE COUNTY COUNCIL (ROYSTON RAILWAY CROSSING) COMPULSORY PURCHASE ORDER 2009

COMPULSORY PURCHASE OF LAND AND NEW RIGHTS

IN THE DISTRICT OF NORTH HERTFORDSHIRE

Notice is hereby given that Hertfordshire County Council has made The Hertfordshire County Council (Royston Railway Crossing) Compulsory Purchase Order 2009 under sections 239, 240, 246, 250 and 260 of the Highways Act 1980. It is about to submit this order to the Secretary of State for Transport for confirmation, and if confirmed, the order will authorise Hertfordshire County Council to purchase compulsorily the land and the new rights described below for the purpose of :

a) the construction of a highway which shall be a highway maintainable at public expense; and

b) use by the acquiring authority in connection with the construction of the new routes as aforesaid.

A copy of the order and of the accompanying map together with supporting documentation may be seen at all reasonable hours at Hertfordshire County Council, County Hall, Pegs Lane, Hertford, SG13 8DN; North Hertfordshire District Council, Council Offices, Gernon Road, Letchworth, SG6 3JF; and Royston Town Council, Town Hall, Melbourn Street, Royston SG8 7DA.

Any objection to the order must be made in writing to the Government Office for the North East, Citygate, Gallowgate, Newcastle-upon-Tyne, NE1 4QH by 2nd October 2009 and should state the title of the order, the grounds of objection and the objector's address and interests in the land.

DESCRIPTION OF LAND AND THE NEW RIGHTS

1/1 - 27 square metres of access track to the rear of 24-26 Hardy Drive, Royston
1/2 - 357 square metres of part of track known as Coombes Hole, Royston
1/3 - 120 square metres of part of track known as Coombes Hole, Royston
1/4 - 422 square metres of hardstanding, lying to the east of Burns Road
1/5 - 444 square metres of operational railway land (Great Northern Line)
1/6 - The right to construct and maintain a combined pedestrian access and cycleway beneath 196 square metres of operational railway land (Great Northern Line)
1/7 - 487 square metres of operational railway land (Great Northern Line)
1/8 - 16 square metres of part of the rear garden of 26 Brooke Road, Royston
1/9 - 51 square metres of part of the rear garden of 26 Brooke Road, Royston
1/10 - 4 square metres of part of the rear garden of 24 Brooke Road, Royston
1/11 - 15 square metres of part of the rear garden of 24 Brooke Road, Royston
1/12 - 2 square metres of part of the rear garden of 22 Brooke Road, Royston
1/13 - 13 square metres of part of the rear garden of 22 Brooke Road, Royston
1/14 - 1 square metres of part of the rear garden of 20 Brooke Road, Royston
1/15 - 15 square metres of part of the rear garden of 20 Brooke Road, Royston
1/16 - 1 square metres of part of the rear garden of 18 Brooke Road, Royston
1/17 - 15 square metres of part of the rear garden of 18 Brooke Road, Royston
1/18 - 1 square metres of part of the rear garden of 16 Brooke Road, Royston
1/19 - 15 square metres of part of the rear garden of 16 Brooke Road, Royston
1/20 - 16 square metres of part of the rear garden of 14 Brooke Road, Royston
1/21 - 21 square metres of part of the rear garden of 12 Brooke Road, Royston
1/22 - 22 square metres of part of the rear garden of 10 Brooke Road, Royston
1/23 - 19 square metres of part of the rear garden of 8 Brooke Road, Royston
1/24 - 60 square metres of part of the rear garden of 8 Brooke Road, Royston
1/25 - 1473 square metres of part of track known as Coombes Hole, Royston
1/26 - 449 square metres of part of track known as Coombes Hole, Royston
1/27 - 9 square metres of part of track known as Coombes Hole, Royston
1/28 - 609 square metres of grass land, lying to the west of Melbourn Road, Royston
1/29 - 76 square metres of grass land, lying to the west of Melbourn Road, Royston
1/30 - 287 square metres of grass land, lying to the west of Melbourn Road, Royston
1/31 - 95 square metres of part of track known as Coombes Hole, Royston
1/32 - 31 square metres of part of the garden of 62 Green Street
1/33 - 28 square metres of part of the garden of 60 Green Street
1/34 - 30 square metres of allotment land, lying to the north-west of Green Street
1/35 - 337 square metres of allotment land and clubhouse, lying to the north-west of Green Street, Royston
1/36 - 209 square metres of allotment land, lying to the north-west of Green Street, Royston
1/37 - 132 square metres of allotment land, lying to the north-west of Green Street, Royston
1/38 - 117 square metres of part of the rear garden of 23 Hardy Drive, Royston
1/39 - 27 square metres of part of the rear garden of 24 Hardy Drive, Royston
1/40 - 26 square metres of part of the rear garden of 25 Hardy Drive, Royston
1/41 - 32 square metres of part of the rear garden of 26 Hardy Drive , Royston
1/42 - 10 square metres of land lying to the south-east side of Burns Road

Andrew Laycock
County Secretary
Hertfordshire County Council

Dated: 24 August 2009

Hertfordshire

Public Notices

Essex County Council

(Uttlesford District) (Permitted Parking Area and Special Parking Area) (Amendment No.3) Order 2009

NOTICE IS HEREBY GIVEN that the Essex County Council has made the above Order under Sections 1(1), 2(1) to (3), 4(2), 32(1), 35(1), 45(1) and (2), 46(1) and (2), and Parts III and IV of Schedule 9 of the Road Traffic Regulation Act 1984.

EFFECT OF THE ORDER: To introduce parking for "Disabled Badge Holders Only" on the following length of Strethall Road, Littlebury, in the District of Uttlesford:

Strethall Road, Littlebury (layby adjacent to No.25 Merton Place)	From the most easterly point of the layby adjacent to properties 21-31 Merton Place on Strethall Road, west, for a distance of approximately 4.22 metres.

This Order will be incorporated into The Essex County Council (Uttlesford District) (Permitted Parking Area and Special Parking Area) (Consolidation) Order 2008 by the addition of tile number TL510 397 revision 0.

DATE OF OPERATION: The Order will come into operation on 17 September 2009.

FURTHER DETAILS: A copy of the Order and plans may be examined during normal office hours at Environment Sustainability and Highways, County Hall, Chelmsford.

APPLICATION TO THE HIGH COURT: Anyone who wishes to question the validity of the Order or any provision contained in it on the grounds that it is not within the powers conferred by the Road Traffic Regulation Act 1984 or on the grounds that any requirement of the Act, or any instrument made under it, has not been complied with in relation to the Order, may within six weeks from the date of the making of the Order apply to the High Court for this purpose.

Dated: 10 September 2009.

Yim Kong, Assistant Director for Highways, County Hall, Chelmsford

HIGHWAYS AGENCY

HIGHWAYS AGENCY
ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1)(a)
THE M11 MOTORWAY AND A14 TRUNK ROAD (GIRTON INTERCHANGE, CAMBRIDGESHIRE) SLIP ROAD
(TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2009

NOTICE IS HEREBY GIVEN that the Secretary of State for Transport has made an Order on the M11 Motorway and A14 Trunk Road in Cambridgeshire to provide a safe working environment whilst inductive loops are cut into the surface of the carriageway.

It is expected that the works will take place over 1 night (10pm - 5.30am) starting on, or after, Wednesday 16 September 2009. The Order will come into force on 14 September 2009 and have a maximum duration of eighteen months.

The effect of the Order will be to close the M11 northbound to A14 eastbound slip road known as "the eastbound cloverleaf loop" at the M11/A14/A428 Girton Interchange (Junction 14 of the M11 and Junction 31 of the A14) diverting vehicles northbound onto the A14 Huntingdon Road then Oakington Road to join the A14 southbound to the M11/A14 east diverge where they will join the A14 eastbound carriageway.

The closure (which will not apply to emergency service, traffic officer or works vehicles) and diversion route will be clearly signed throughout the works.

MRS A V MIDDLETON
An official of the Highways Agency

General Enquiries relating to this notice may be made in writing to Paul Sinfield at the Highways Agency, Woodlands, Manton Lane, Bedford MK41 3LW or by telephoning 01234 79 6135.

Building Trade

STILO NUOVO
Hair & beauty
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Require a Senior Beauty Therapist and Stylist.
Up to £20,000.
Minimum of 5 years in the beauty sector
We are expanding both our hair & beauty business with great opportunities.
Call 01223 355339/ 352020 or email CV stilonuovo@btconnect.com

Education

Small and friendly rural Pre-School, north of Cambridge, is looking for a
Pre-school Manager/Playleader
Applicants must hold a min NVQ 3 in DPP
For more information contact Gill Lucas on: (01353) 749 885 or **gill.lucas@tiscali.co.uk**

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Care Staff

disabilities trust
BRAIN INJURY REHABILITATION TRUST

Fen House - Ely- Cambs
A residential service for adults with Acquired Brain Injury

The Brain Injury Rehabilitation Trust (BIRT) is one of the largest independent sector providers of community based, post acute brain injury rehabilitation in Europe. Throughout its services the BIRT neurological model of rehabilitation is designed for people who following careful assessment, are considered to have the potential for rehabilitation and become more independent and subsequently improve their quality of life.

Business Administrator
Initial 18 month contact.
Full time (35hrs pw) - Salary £19,000

Fen House is seeking to recruit an experienced administrator to oversee the unit's finances alongside the Service Manager. Duties will include, purchase ledger, sales ledger, credit control, payroll, banking reconciliations, dealing with service user's personal money and staff line management.

The successful candidate will have management experience, have a sound experience in finances and be able to prioritise a busy workload.

The position is subject to a Criminal Records Bureau Disclosure.

For an application pack or an informal discussion, please call 01353 667340 or email fh@birt.co.uk

Registered Charity No 800797

Closing date: 30th September 2009

www.birt.co.uk

LOOKING for work in Social Care? We are looking for part-time staff (female only, excemption granted), to work shifts and sleep-in, to provide care in our small home for adults with learning disabilities in Longstanton. We can offer you a pleasant working environment, training and a supportive management team. For details contact: 01954 782178.

Hotel & Catering

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For busy café at temp event
Newmarket
October and November.
£7.00 p/h, flexible shifts available.
Email: Joelle.eyho@dial.pipex.com

Part Time - Temporary

De Niro's Promotional Team
Enthusiastic, confident people wanted to promote De Niro's Nite Club. Applicants must be avaliable to work both day and night shifts to partake in street & in house promotions. Job roles will include flyering and networking, in house promotions including decoration, selling promotional merchandise & participation with themed nights.
Clean full driving license required.
Applicants must be 18 or over.
For more information contact Claire on (01638) 660031 - claire.dowd@deniros.com

CLEANER required in Huntingdon. Mon-Fri, 5am-7:15am, £140 per fortnight. Contact: 01353 665151

DRIVER/ Sandwich Maker. Must be over 25 (insurance reasons). For all details phone: 07974 112228 (Cambridge).

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General Vacancies

CAR Owner Drivers and In Store Staff wanted for pizza delivery company in Cambridge. Full-time/ part-time. Excellent rates. Phone Simi: 07917 619441 or email: lee3456@btinternet.com

CASH paid weekly. Deliver/ collect Betterware brochures in local areas. No cash outlay. Call: 08451 255000.

CATALOGUE distributors wanted. £50-£500 p/w. part-time/full-time/ school hours. Tel: 01223 852944.

DOMESTIC Help required for private house near Haverhill. 2 bed bungalow available. Terms to be arranged. No small children. Tel: 01440 785251.

EARN £50-500 per week, part-time or full-time from home. Call: 0800 4588426

GARDENER fully experienced. Good references for country house garden near Haverhill. 3 Bedroom cottage available. Apply Watson, Baythorne Park, Haverhill, CO9 4AG.

LICENSED Owner Drivers required for busy chauffeur company. Apply in writing to: RHC, 28 Watermead, Bar Hill, Cambridge, CB23 8TJ.

EARN extra income, we require 3 part-time door to door canvassers to promote a well known home delivery service in the CB postcode. No experience needed, full training provided, excellent opening offer, all local work, weekly payment, 22 hours a week maximum. Tel, Jenny: 01449614916, mob: 07929017653.

General Vacancies

AVON Representatives required. Earn extra money. Free joining gift. Hannah: 07739 355890.

BEAUTICIAN to rent room in busy Cambridge hair salon. Call: 07738 131683.

Personal Services

TRANSSEXUAL New to cambridge, young, attractive. Clean discreet apartment, free parking. Tel: 07553 089116.

UPTOWN Girls, escort service. Down town prices from just £100p/h. Female staff required. Tel: 07974 463458.

XXX genuine adult DVD's, titles from £10! Confidential Shop,1A Devonshire Road, Cambridge. Tel: 01223 565691 for more great offers.

£40P/H, £50P/H, £65P/H. P E A C E F U L S U R R O U N D I N G S. C A R L Y. T E L E P H O N E: 07952 912490/ 07981 228064/ 07854 012397.

14 SITUATIONS VACANT

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EXPERIENCED Plumbers required with ACS Gas for local housing site. 1st fix, 2nd fix, PAYE or CIS. Excellent rates of pay. Please ring: 01604 790800 8am-5.30pm for details.

Electrician / Multi-Trade Person

Required for busy reactive maintenance company.

Ability to cope with driving throughout the South East essential. Clean driving license essential. Applicants must possess the ability to carry out maintenance to commercial properties. Good geographical knowledge required. Immediate start

Telephone 01353 666560

Personal Services

ESCORT service, reliable, friendly, discreet. From £100 p/h. 24 hour service. New escorts required. Tel: 07544 751919.

FOXY Kittens escorts. Tel: 07040 901443

FREE text messages from women wanting local dates. Call: 08451 235921 for full details. Discretion assured.

HARLOW Junction 7, 2 minutes off M11, massage, 11am- 7.30pm. Tel: 01279 412364.

MALE Escort offers friendly service, relax and enjoy yourself. Tel: 07814 003836.

MALE for male escort, 24/7, shy, nervous welcome. Tel: 07837 290791 witheld ignored.

MILDENHALL A11, new, V.I.P massage, luxurious, discreet. Mon-Fri, 9-6. Tel: 07905 081432.

Personal Services

MISS Benz - 25 years old, fun and uninhibited escort! Monday - Friday 1-5pm. Call to pre-book 12-1pm. Tel: 07760 281898.

NEWMARKET Massage. Genuine traditional oriental massage. By appointment only. Tel: 07900 684745.

PLATINUM Escorts, the regions first choice. Professional, reliable, discreet. Female escorts required. Tel: 01480 404017.

RELAXING massage, (Monday to Friday). Tel: 01480 471439.

SAWBRIDGEWORTH opposite station, 10 minutes from M11, massage, 11am- 9pm, 7 days. Tel: 01279 724280.

SOPHIES Pampering Services. By appointment only. No texts/withhelds. Tel: 07542 942067.

14 PERSONAL SERVICES

Personal Services

A14 Cambs, sophisticated lady offers relaxing massage for refined clientele. Tel: 07776 277332.

ABBIE 25 year old, slim escort. Laid back, friendly service. Call on Tel: 07950 489125.

ANGEL and friends escorts. Tel: 07040 901535.

Personal Services

AONG Yang professional massage by qualified lady in Newmarket. Tel: 07776 386787.

BLUE Escorts. Registered professional escort agency. Tel: 07986 251949 or 07005 946939. Escorts and drivers required.

BRANDON massage, in private surroundings, 9.30-6.30pm, Mon-Sat. Tel: 01842 819753.

CAMBRIDGE massage, professional, relaxing, enjoyable, 10am - 11pm. Cambridge. Tel: 07940 286109.

Personal Services

CAMBRIDGE Rose, relaxing massage, 10am - 11pm. Tel: 07733 303339.

CAMBRIDGE Escort, relaxed, luxury, discreet location. Tel: 075549 58884.

CLAIRE Natural girlfriend experience, warm escort, late 30's. Tel: 07504 373624.

CLASSY and discreet, Toni, available most days. Tel: 07717 668725.

ELY BUTTERFLY Massage, open 7 days a week. 10am - 11pm. Tel: 07901 798369.

ELY area, escort service, bubbly fun female. Tel: 07804 503703/ 07961 404278.

General Vacancies

OWNER Drivers needed with transit or small vans to carry out nationwide sameday deliveries from Haverhill, Cambridge and Stansted Airport. Interested? Please call: 01440 703886. NO CARS

VENDING Machine Operator required to fill and clean drinks and snacks machines in and around Cambridge. Must hold full driving licence and be a non-smoker. No experience necessary as full training will be given. Call Cambridge Vending today on: 01223 425522.

Christmas Maltings & Clements Practice
MEDICAL SECRETARY

We are a proactive, very busy Practice which operates over two sites in Haverhill, having over 17500 patients and 11 doctors.

We require a confident, experienced, secretary to join our existing efficient secretarial team of four. The successful candidate must have a solid secretarial background, be able to liaise with professionals and patients, work effectively under pressure using their own initiative, and also be flexible. Medical terminology would be an advantage.

Salary is dependent upon qualifications and experience.

The post is 15 hours per week working over four days as follows:

Monday	2pm - 6pm
Tuesday	2pm - 5.30pm
Thursday	2pm - 6.00 pm
Friday	2pm - 5.30pm

Telephone: 0844 477 3701 for an application form and job description.

Closing date: 25th September 2009

Community & Events Fundraiser
£23-27k depending on experience

Arthur Rank Hospice Charity 283353 Making Every Moment Count

This is an exciting opportunity to work for a well established and highly regarded local Charity based in Cambridge. Arthur Rank Hospice Charity has successfully championed events and community based fundraising for many years. As the Community and Events Fundraiser, your overall responsibility will be to initiate, develop and manage relationships within the community. You should be a team player and should have a good knowledge of techniques for fundraising, marketing and events.

You will bring out the best in people enabling them to use their time and skills in a fulfilling way that makes a real difference to the Charity and ultimately patients, their family and carers.

The Charity works very closely with the professional staff and volunteers at Arthur Rank House to make sure that the best levels of care and support are offered at a crucial time in people's lives. Arthur Rank House provides specialist end of life care to over 1,000 patients each year and provides vital support to their family and carers.

For an application pack please contact Lucy Day on 01223 723115 or e-mail lucy.day@arhc.org.uk

Closing date for applications - 25th September 2009

Arthur Rank Hospice Charity, 351 Mill Road, Cambridge, CB1 3DF
www.arhc.org.uk

IVOR SEARLE engines of excellence

Ivor Searle Limited is the UK's largest independent producer/supplier of remanufactured engines, cylinder heads, gearboxes and turbo chargers.

FLEET SOLUTIONS CO-ORDINATOR

The company now requires a Fleet Solutions Co-ordinator to help our busy Fleet department.

It is essential that you provide the highest level of customer service to our Fleet customers. You will need to manage and co-ordinate all aspects of vehicle repairs. You will need to maintain daily contact with the customer as well as the fitting garage throughout the duration of the job. You will need to manage and document all costs and attend meetings to discuss key performance indicators (KPIs). Attention to detail and customer relations are paramount with this role.

Previous experience within the automotive industry, such as service receptionist or maintenance controller would be beneficial.

We offer a competitive pay, 20 days paid holiday (in addition to Bank/Public holidays), option to join Group Stakeholder Pension, and free on site parking.

If you are excited about the prospects of joining a long established company, then please telephone, email, fax or post your CV to:

Jennie Pullum - Support Services Manager
Ivor Searle Limited, 2 Regal Lane, Soham, CB7 5BA
Telephone (01353) 725255, Facsimile (01353) 727661
recruitment@ivorsearle.co.uk

Malling Health

Malling Health @ St Neots - Cambridge
GP Led Health Centre
Opening October 2009

Malling Health in Cambridge would like to appoint a team of Medical Receptionists/Medical Secretaries.

General practice experience is desirable although not essential as training will be given.

The Health Centre will open 12 hours a day/365 days a year and is ideally situated to provide easy access for local residents as well as those travelling from surrounding areas. Purpose built new centre focusing on quality and patient focused care. As such you will be required to provide cover to fulfil these requirements which may include working between the hours of 8am - 8pm and undertaking weekend/bank holiday working on a rota basis.

Interested?

In the first instance you are invited to apply via our website: www.mallinghealth.co.uk, or for an informal discussion please call Diane Jenner - HR Lead on: 07595 552 339.

Closing date: 18th September 2009

All posts are subject to an Enhanced Disclosure Application to the Criminal Records Bureau.

Please no agencies.

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For initial enquiries and further information, please contact Sue Cade, Head of Diagnostic Laboratory Services, at sue.cade@aht.org.uk or call +44 (0) 1638 751000.

If you are interested in applying for either of these positions, please forward your CV and covering letter initially, stating why you are interested in this role and your current salary, to recruitment@aht.org.uk or Samantha Bal, Human Resources Assistant, Animal Health Trust, Lanwades Park, Kentford, Newmarket CB8 7UU.
Tel: 01638 555669.

The closing date for applications is 25 September 2009.
Interviews scheduled for the week commencing 5 October 2009.

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Closing date for applications is Friday 18th September, interviews will be held week commencing Monday 21st September. Further details are available from Catherine Margree: CatherineMargree@kings-ely.cambs.sch.uk

Application form and details can be downloaded from the Vacancies section on the school website.

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Making sure you look your best

THE competition for a smaller number of jobs is driving people to alter their appearance in the hopes of making a stronger impression.

Almost half (46 per cent) of workers in Europe who were laid off from full-time jobs in the last year reported they have changed something about their appearance to make themselves more attractive to employers.

This is according to a survey of more than 1,000 workers across Europe conducted by CareerBuilder, the global leader in human capital solutions.

Eighteen per cent of jobseekers have dressed up more or dressed to appear younger or older, 10 per cent have lost weight, 6 per cent have changed their hair colour or style and 6 per cent have enhanced facial features by wearing more make-up or whitening their teeth

One third (33 per cent) have changed their online persona, making adjustments to their social networking profiles to appear more professional.

Faced with one of the toughest job markets in European history, job seekers are considering new career options and applying for jobs they may not have considered before the economic crisis.

A massive 75 per cent have applied for jobs for which they are overqualified, 74 per cent would be willing to take a job with less pay to help make ends meet and 64 per cent would be willing to relocate to another city or country to find a job.

Top jobhunting tips

Here are a few tips for jobhunting in today's economy.

- Repackage your skills – write different versions of your CV to appeal to a broader range of employers. Keep in mind that skills in areas such as communications, project management and customer service are universal across industries and transferable to new fields.
- Get involved – a great way to build up your CV and make new contacts is through volunteering.
- Stock your CV with keywords – employers use electronic scanners to rank the job applications they receive. Make sure to include keywords from the employer's job postings in your CV as it pertains to your experience, so your application is ranked toward the top of the pile.
- Manage social media – promote your personal brand and skills on different social networking sites. Make sure to remove any content or photos that may not convey a professional image.

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Closing date for applications:
12 Noon - 30 September 2009

Application pack for the above role is available by emailing recruitment@lifecraft.org.uk or telephone 01223 566957

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Your CV

When you send your CV off to a potential employer, remember that you won't be the only one. Hundreds of other people could be applying for the job as well.

So what are you going to do to make you stand out from the crowd? Why should an employer take a chance on you instead of someone else?

Your CV is your first real chance to sell yourself to a potential employer. Most employers will scan through a CV in about 30 seconds so you need to grab their attention from the start - and make them want to invite you for an interview.

There are five main areas to consider when writing your CV:

• Make sure your CV looks the part. Your CV should look clean and tidy - don't scrawl it out on a piece of A4 paper. If you haven't got access to a PC or printer, ask a friend or use your local library. Use a good quality paper and steer clear of fancy borders and front covers.

• Watch out for silly spelling and grammar mistakes. They make you look lazy and show employers that you don't really care. It's not difficult to do a spell check on your PC and if you're really stuck then don't just guess, reach for a dictionary. Get a friend to read through your CV for you - a second opinion is always useful.

• Make sure your CV is well organised. When you list your previous jobs, make sure the dates are correct and try not to leave any gaps. If you took time out to go travelling then say so - employers won't mark you down just because you've tried something new.

• Don't waffle. Remember that employers don't have time to read every word of your CV. Long paragraphs and sentences put people off, so try bullet-points to break up text. Make sure your CV is no longer than two pages long - employers don't want your life history, they just want to see that you've got what it takes to do the job.

• Don't list any failures. Employers have enough trouble finding someone who is right for the job - they don't need help finding reasons not to employ you. If you have to include a mistake from your past, make sure you show the employer that you learnt something from the experience.

Keep it simple

Personal details
Start off with your full name, address, date of birth, home and mobile phone numbers, email address and nationality. If you are offered an interview, the employer will want to get hold of you so give him as many options as possible.

Summary/professional profile
This is the No1 area for selling yourself. Set out your main skills and personal qualities but keep it interesting and tight - one paragraph should do to cover everything.

Education and qualifications
List your qualifications and education history, with the most recent first. You don't need to list the grades for each exam you have passed unless they were exceptional results - simply listing the number and type of exams you've passed is fine. Also, list any relevant professional organisations you belong to and training courses you have been on.

Work experience
Start with your most recent position and work backwards, giving addresses along with start and finish dates. Set out your main responsibilities, duties and most importantly achievements, along with any skills you picked up or improvements you made while you were there. This is a really important section in your CV so make it count - but don't waffle.

If you have not had a full-time job before, detail any part-time jobs you may have held or any placement you have been on.

Other skills
Set out any computer skills you may have and the software you are most familiar with. Can you type, do shorthand or speak a foreign language fluently? If you have a driving licence, let the employer know. If it's clean, tell them.

Interests & hobbies
Briefly list what you get up to in your spare time. Put down any positions you hold in clubs or associations, along with any responsibilities and achievements.

References
Make sure you have at least two people (including one from your previous or current job) who will tell an employer what a thoroughly nice person you are and what a potential asset to the company you would be.

If you want to list them now make sure you include their name, job title, postal & e-mail address and contact phone numbers. Alternatively, just put "Available on request" so the employer knows to follow up references at a later date.

Add a covering letter

The main aim of a covering letter is to encourage an employer to give you a chance. You want them to read your CV, so sell it to them. You should always enclose a covering letter when applying for a job - most employers won't consider you unless you do.

A covering letter should let the employer know why you are interested in the job and why you think you can do it.

The hints and tips below should point you in the right direction:

• Keep it simple. A covering letter should be short and to the point - no more than six paragraphs.

• Mention the job. If you are replying to an advert, mention what the job is and where you saw it. The company may be advertising for other positions and it may not be clear which job you are applying for.

• Sell yourself. Explain why you are the perfect candidate for the job. Show off your strengths and experience. Refer to your CV - if it goes missing then at least an employer will know that you've sent it.

• Check it for mistakes. A silly spelling mistake in a covering letter is likely to cost you your chance of getting an interview. Also, make sure it is addressed to the right person in the right department.

A covering letter can be just as important as a CV in getting you an interview. It's your first point of contact with your potential employer - so make it count.

» Showjumping: Horse of the Year Show

Grey's day as Liana reaches for Stars . . .

On their way to the NEC: Liana Young and Weeden's Earl Grey. CP

LIANA Young realised a lifelong dream when she qualified for the 2009 South Essex Insurance Brokers Search For A Star Championship, earning her a coveted ticket to the national finals at The Horse Of The Year Show at the NEC in Birmingham.

The 27-year-old Newmarket rider, a graphic designer, qualified from the final round at the Vale View Equestrian Centre in Leicestershire, where she won her class against a record entry.

Young, daughter of Newmarket-based racing trainer, Diana Weeden, rode her own Weeden's Earl Grey to take second place in the hotly-contested Cob class. The success completes a comeback for Young, who stopped riding 15 years ago after breaking her leg when she was 12.

The family moved to Dubai before returning to Newmarket where Weeden trains Flat and National Hunt horses.

There was a proviso to the purchase of Weeden's Earl Grey. Young said: "I wanted to get back on a horse and mum said that if I could find something that would lead out the young racehorses then I could have another horse."

They travelled to Lancashire to look at one that was unsuitable and Weeden had to be persuaded to see another the following day. "Liana persuaded me to go and we immediately liked him," she said. "The lady who was selling him did not really want to part with him and cried when he left, but she had two others for hunting and he was the least experienced."

However, none of the three had done any showing before, so they all learned together. Weeden's Earl Grey was sixth at his first major show and Young said: "He gives me confidence and sometimes he needs me to give him confidence, so we work together.

"We had not even contemplated qualifying for the Horse of the Year show, it is fantastic."

» Cricket: League round-up

Burwell ease to title glory

HENRY James and James Ross Craig struck half-centuries as Burwell clinched the Tucker Gardner Cambs and Hunts Premier League, Division One title by sealing a five-wicket home win against Waresley.

The former hit 51 off 47 balls and the latter was unbeaten on 58 to guide the champions to 185 for 5. Nigel Buckingham-Jones and Terry Hayden collected two wickets each.

Earlier, Philip Gillett (66 not out) and James Collings (30) were the best of Waresley's batsmen as they amassed 181 for 5 and Mark Bissett claimed 2 for 27.

Mark Abbott struck 77 and Matthew Foulds hit 60 to steer **Fordham** to a comprehensive 118-run success at Eaton Socon in Division Two.

The duo shared a 109-run stand as the visitors racked up 192 for 9, while Joe Dawborn (3 for 54) and Carl Baker (3 for 8) did well with the ball.

Eaton Socon were never in the hunt and Dawborn (32) was the only batsman to really trouble the scorers as the hosts were removed for 74. Jason Harding took 3 for 15 and there were two wickets each for Clinton Cornwell, Charles Forden and Christopher Rule.

■ Lucky Phangabantu destroyed Elmstead as in-form **Mildenhall** racked up a five-wicket win on the road in Division One of the Marshall Hatchick Two Counties Championship.

The bowler collected 7 for 30 from 11 overs and was backed up by James Holmes, who took 3 for 24, to leave the hosts all out for just 63.

Steve Lankester top-scored with 33 and opener Alex Reynolds got 18 as the visitors reached 64 for 5 in the 14th over.

Tim Catley struck 17 boundaries en route to 130 and Matthew Catley made 53, but their efforts could not prevent **Exning** losing to Ipswich & East Anglia by one wicket.

The pair shared a 110-run stand for the fifth wicket and helped their team register 247 for 7. But, despite Chris Lomas taking 4 for 86, Ipswich reached 248 for 9 off the final delivery of the game.

Andy Squire's 70 proved to be in vain for **Mildenhall II** as they lost by 98 runs at home to leaders Maldon.

Mildenhall were dismissed for 120 in response to earlier posted 218 all out, Martin Taylor and Steve Ready claiming three victims apiece.

In Division Three, Shaun Palmer had a fine first game of the season for **Lakenheath** as his team won at Stowmarket by five wickets.

The all-rounder bagged 4 for 37 as the hosts were limited to 150 for 9, before hitting 57 and putting on 81 with Paul Pallant (31) to steer the visitors to 151 for 5.

■ Craig Estlea (82) and Matthew Catley (69) shone as **Exning** defeated Easton by 48 runs to lift the Suffolk Cup Plate.

» Football: Junior leagues

Still smiling: Burwell Swallows line up before their first game in the Cambs Mini League, under-10C. However, they were beaten 9-0 by Bottisham. Their squad is: Matthew Butler-Finbow, Jeremy Girgis, Jamie Gooding, Oliver Holt, Zeb Hjaltun-Rayner, Tom Rayner, Ben Greenhill, Ben Nolan, Charlie Rhodes, Thomas Parsley, Adrian Prestreshi, and George Butler-Fenn. CP

Tigers earn stripes

BURWELL Tigers opened their Cambs Mini League, under-10C season with a stunning comeback to shade a seven-goal thriller against AC Isleham.

They took the lead but were rocked by Isleham's comeback, William James equalising before Jude Heffer and Dom Wills struck in quick succession to give the visitors a 3-1 lead at half time.

However, Burwell stoked up the pressure after the break to claw their way back into the game and win 4-3.

» Speedway: National League Trophy

Adams bitter as Tigers fall in last-heat drama

MILDENHALL slipped up at home on Sunday, going down to Buxton for the second time this season.

Buxton started the meeting well as the impressive young Craig Cook won the opening heat in fine style, immediately putting the Funky Catering Fen Tigers on the back foot. They were further rocked by conceding a maximum in heat five and Buxton were 10 points clear after home skipper Barrie Evans seized his engine and was marooned on the start line in heat 10.

To their credit, though, the home side fought back with James Birkinshaw taking a victory as a tactical ride in the next race. They scored a maximum of their own in heat 13, Evans aboard team-mate Luke Priest's machine and team riding with Birkinshaw to shut out the Buxton pair. The improving Taylor Poole stormed off the start in heat 14 to beat the ever-impressive New Zealander, Jade Mudgway, to further cut the deficit to three points going in to the last heat.

However, Birkinshaw was controversially excluded by the referee, having fallen on the first bend when shoved wide.

Team boss John Adams said: "I thought that, at worst, it should have been all four riders back to the start in heat 15. The odds were against us but we could have pulled it back."

Mildenhall are next in action at Buxton on Sunday (3pm).

Mildenhall 44 Buxton 49
National League Trophy

Points. Mildenhall: Evans 6+1 (four rides), Rayson 3+2 (4), Priest 10 (5), Jacobs 1 (4), Birkinshaw 15 incl 6 point tac ride (5), Laurence 3 (4), Poole 6 + 1 (5).

Buxton: Cook 12 (5), James 5 (4), Mudgway 11+2 (5), Taylor 8 (5), Dallaway 3 + 1 (5), Isherwood 10 + 4 (7).

» ATHLETICS: COOGAN GOES FOURTH TO LEAD JOGGERS HOME

VINCE Coogan was the top-placed Newmarket Jogger in the Littleport 10k.

He was fourth overall in 35min 5sec with Greg Davis the next best of the nine-strong contingent, finishing ninth in 36.29.

First woman runner home was Ursula White in 43.34 while Miranda Paul – who has completed four marathons in 10 months – followed her home in 49.10.

The improving Dave Price mastered another 10k in under an hour – 56.33 – and James Brewer completed his first 10k as a Jogger in 70.01.

Other Joggers to compete were: 17 Jim Copland 40.46, 34 Jim Withers 43.54, 60 Alan Goodenough 48.47, 106 Maxine Copland 1.00.48.

■ Sandie Jardine ran her third half-marathon in a month, clocking 1hr 58.32 at Swaffham.

WEEKLY NEWS SPORT

September 10, 2009 email: newmarketsport@cambridge-news.co.uk

A dream come true for rider

FULL REPORT IS ON PAGE 55

» **Racing:** St Leger preview and Prix du Moulin

Aq's the way! Hills salutes team

RICHARD Hills hailed a great team effort as Aqlaam gained the first Group One success of his career in the Prix du Moulin at Longchamp on Sunday.

William Haggas' four-year-old looked to have a huge future when winning the Jersey Stakes last year, but has since been ravaged by injury.

Nursed back to health, there was not much sign of his old ability when well beaten in the Lockinge earlier in the season, but there has since been steady improvement.

Second behind the mighty Goldikova last time, Hills settled Aqlaam behind the Godolphin hare, Gladiatorus, at the weekend.

When he weakened, Aqlaam took up the running and comfortably held Dermot Weld's Famous Name at bay.

The John Gosden-trained Virtual plugged on for third to give overseas raiders a clean sweep of the places, and Hills said: "It was a great performance. He'd run really well at Deauville last time and this was a good chance for us to get that Group One win with this horse.

"A lot of credit must go to the Shadwell operation as he's had a lot of problems. When he went back to William's, they have done a great job with him.

"It's been a real team effort and everyone is very pleased we've won a Group One.

"I've just spoken to Sheikh Hamdan (Al Maktoum, owner) in Dubai and I promise, you'd think he'd won the Derby – we are very relieved he won.

"We are lucky this horse has a big heart, he'd run through a brick wall for you and that is a great quality to have.

"I don't always like to talk horses up too much but when he won the Jersey I made no secret about how I felt about him, it was just unfortunate that he'd been plagued with injuries since."

Moulin cruise: Richard Hills and Aqlaam teamed up to score a momentous win at Longchamp.

Gladiatorus, though, continues to baffle the Godolphin yard. Once rated the leading horse in the world, he trailed in fifth and trainer Saeed bin Suroor said: "This is the third time Gladiatorus has been beaten in Europe and it was another disappointing result. There are no plans."

Godolphin had better luck earlier on the card with Buzzword, who won the Prix La Rochette. Bin Suroor said: "I was pleased with him and we are considering returning to Longchamp on Arc day for a Group One race (the Prix Jean-Luc Lagardere Grand Criterium)."

Don't touch Wood at that price...

GODOLPHIN racing manager Simon Crisford feels Kite Wood is too short in the betting for the Ladbrokes St Leger at Doncaster on Saturday.

Trainer Saeed bin Suroor has four times scooped the world's oldest Classic, with Rule Of Law in 2004 the Dubai-based operation's most recent success.

Kite Wood, the mount of Frankie Dettori and the 5-2 joint-favourite with the sponsors, has won his two most recent starts.

But Crisford was not overly bullish when considering the Galileo colt's chances at a lunch in central London on Monday to mark the five-day declarations.

He said: "Kite Wood is obviously very progressive and has improved with every race. He is mentally getting his act together and is physically at the peak of his powers.

"He will be better next year but is developing into a really strong, powerful galloper. We haven't seen any gears yet but, hopefully, we might see some on Saturday.

"The ground is working against him and I do not think he will be favourite on Saturday as he is much better with cut in the ground. He deserves to be favourite, but I would not be backing him at the prices."

With Peter Chapple-Hyam supplementing Monitor Closely into the field, a total of 10 are in the frame for the St Leger, with Godolphin also set to be represented by Grand Prix de Paris third Mastery.

Since the turn of the century, Milan, Rule Of Law and Lucarno have all successfully graduated from success in the Great Voltigeur Stakes to land the Leger, and Monitor Closely will bid to do the same after being supplemented for £45,000.

Chapple-Hyam said: "We were delighted by his win in the Voltigeur and feel it is worth a shot at the Leger.

"His work since York has been good and we are just hoping the ground remains on the quick side at Doncaster."

Bollin Eric was third in the 2002 Voltigeur before landing the St Leger, something Henry Cecil's Father Time will also try to emulate.

His owner Khalid Abdullah's racing manager Teddy Grimthorpe said: "Henry has won the St Leger four times and is the greatest Classic trainer of his generation."

■ Kieren Fallon may have had a barren time initially in his return to race-riding but the former champion jockey rattled in a 254-1 hat-trick for Luca Cumani at Folkestone. He had to wait 13 rides before his first win – at Wolverhampton on Saturday – but booted in Diam Queen (9-1), Sham Sheer (15-2) and Speedfit (2-1 favourite) on Monday.

■ John Ryan's Silver Grecian will have to fend off an army of Aidan O'Brien runners – he has seven of the 11 to stand their ground – if he is to maintain his unbeaten record in Saturday's DFS Champagne Stakes at Doncaster.

» **Football:** Ridgeons League and FA Vase

Olive goes in Town's bore draw

Newmarket Town 0 Ely City 0
Ridgeons League, Premier Division

JON Olive's sending-off was the major talking point of a low-key derby.

Olive was dismissed midway through the second half, his booking for a foul being swiftly followed by a second for dissent.

Ely's Tony Beck had a goal ruled out for offside and nearly won it at the death, only for Newmarket keeper Lee Hulyer to pull off a fine save.

Newmarket manager Karl Johnson said: "It was a nondescript game. Both teams defended well but it wasn't a great game to watch."

Newmarket travel to Debenham on Saturday in the Premier League. However, the Jockeys' youth team are due to start their campaign in the FA Youth Cup, preliminary round tonight (Thursday) with a home tie against Kirkley & Pakefield.

Team Bury 3 Mildenhall Tn 2 (aet)
FA Vase, first qualifying round

SIMON Charlton's Mildenhall surrendered a 2-1 advantage at Team Bury and were knocked out of the competition at the first hurdle.

The visitors went behind in the contest, but came back to lead thanks to goals from James Paterson and Aaron Turner.

They seemed to have booked their place in the next round, but a last-gasp equaliser denied them and insult was added to injury when the hosts scored again in extra time.

Mildenhall remain in national competition action on Saturday, when they travel to Long Buckby in the first qualifying round of the FA Cup.

» **Motorsport:** DTM Championship

Jarvis spin wrecks bid

Battling back: Oliver Jarvis tries to get back into contention at Brands Hatch.

OLIVER Jarvis gained a valuable DTM championship point when he finished eighth in his home round at Brands Hatch on Sunday.

The Audi driver from Burwell could have finished higher had he not been spun around by Mercedes driver Jamie Green.

Driving the year-old Audi A4 DTM Jarvis qualified ninth – just five thousandths of a second from a place in the top eight – and made a good start before he was sent spinning by Green mid-race.

The Mercedes driver was given a drive-through penalty, but Jarvis was hardly helped because his bid to cut through the field was hindered by several appearances by the safety car.

Jarvis said: "That was a tough race. I'm upset because I don't know what Jamie was planning. This is the second time in two years now and it is a pretty foolish move on his part.

"Had this not have happened, I believe we could have scored more points, especially as I made a good start."

Ernst Moser, the team director for Audi Sport Team Phoenix, said: "Oliver being turned around by Jamie Green was very unfair."

The next round of DTM is in Barcelona a week on Sunday.

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